

## Questions

1. **Why was Juliet late?**
  - A) She was finishing some work.
  - B) She was picking up her children.
  - C) She was stuck in traffic.
2. **What does Juliet do in the evenings?**
  - A) She studies for her degree.
  - B) She takes her children to activities.
  - C) She goes to the gym.
3. **What tip does M mention from the Guardian article?**
  - A) Delegate all tasks to others.
  - B) Only list five tasks each day.
  - C) Make long lists of tasks.
4. **What is Juliet's biggest problem with her workload?**
  - A) She can't finish her work on time.
  - B) She doesn't like her job.
  - C) She has too much to do because she can't say no.
5. **What does K suggest M should understand about herself?**
  - A) Her work-life balance.
  - B) Her body's peak productivity times.
  - C) Her career goals.
6. **What idea does Juliet suggest to M to help with her study time?**
  - A) Work in the evenings and study in the mornings.
  - B) Work fewer hours.
  - C) Hire a tutor.
7. **What is the main reason M finds it difficult to study in the evening?**
  - A) Noise at home.
  - B) Lack of motivation.
  - C) Tiredness.
8. **What does Kelly think about making long lists?**
  - A) It helps her remember everything.
  - B) It's too complicated.
  - C) It's a waste of time.
9. **What does M say about his own list-making habits?**
  - A) He makes detailed lists.
  - B) He never makes lists.
  - C) He uses digital lists.
10. **What is the overall theme of the conversation?**
  - A) The importance of children's activities.
  - B) The benefits of working on weekends.
  - C) The challenges of balancing work, study, and personal life.