

Questions

1. **Why was Juliet late?**
 - A) She was finishing some work.
 - B) She was picking up her children.
 - C) She was stuck in traffic.
2. **What does Juliet do in the evenings?**
 - A) She studies for her degree.
 - B) She takes her children to activities.
 - C) She goes to the gym.
3. **What tip does M mention from the Guardian article?**
 - A) Delegate all tasks to others.
 - B) Only list five tasks each day.
 - C) Make long lists of tasks.
4. **What is Juliet's biggest problem with her workload?**
 - A) She can't finish her work on time.
 - B) She doesn't like her job.
 - C) She has too much to do because she can't say no.
5. **What does K suggest M should understand about herself?**
 - A) Her work-life balance.
 - B) Her body's peak productivity times.
 - C) Her career goals.
6. **What idea does Juliet suggest to M to help with her study time?**
 - A) Work in the evenings and study in the mornings.
 - B) Work fewer hours.
 - C) Hire a tutor.
7. **What is the main reason M finds it difficult to study in the evening?**
 - A) Noise at home.
 - B) Lack of motivation.
 - C) Tiredness.
8. **What does Kelly think about making long lists?**
 - A) It helps her remember everything.
 - B) It's too complicated.
 - C) It's a waste of time.
9. **What does M say about his own list-making habits?**
 - A) He makes detailed lists.
 - B) He never makes lists.
 - C) He uses digital lists.
10. **What is the overall theme of the conversation?**
 - A) The importance of children's activities.
 - B) The benefits of working on weekends.
 - C) The challenges of balancing work, study, and personal life.