Present Perfect	Present Perfect Continuous
The action has finished recently	The action started in the past and is continuing at present
Its unknown exactly when the action happened	The action in the past was in progress and the results are important now
To talk about personal experiences/personal changes	To express annoyance, anger, disappointment; to explain or to criticise
To empathise the result	To empathise the duration of the action (for, since, how long)

1) Lucy _____ about it. (to speak)

2) The students _____ the test since eight o'clock. (to write)

3) Look! There are so many biscuits! Mark and Alice _____ all morning. (to bake)

4) He _____ a house recently. (to buy)

5) The builders _____ twenty houses since last year. (to build)

6) How long _____ here? (you, to wait)

7) Ugh! Jack _____ my private messages! (to go through)

8) It's Mary's birthday tomorrow. She _____ her birthday party for weeks. (to plan)

9) They _____ the walls in the nursery. (to paint)

10) Emma _____ her hair red. (to dye)

11) He _____ the dishes and hasn't done anything else since morning. (only, to wash)

12) Who _____ my sweets? (to eat)

13) Wow. The flat is spotless! The kids _____ all morning. (to clean)

14) The artist _____ the painting. (to finish)

15) These people _____ here since 2001. (to live)

LIVEWORKSHEETS