



Spotlight 7

Vocabulary Task 7113

1. Fill in:

put out tough average busy deep part-time shifts

1. Smokejumpers have a very _____ job; they jump out of planes into burning forests!
2. The _____ wage of a babysitter in the UK is £4.50 per hour.
3. A freediver takes a _____ breath before jumping into the sea.
4. Many students work _____ in the evenings or on weekends to help pay for university.
5. A firefighter's job is very risky because they _____ fires.
6. He usually only works four-hour _____ because he's a student.
7. Sara has a very _____ life; she doesn't have much free time at all.

2. Fill in:

**surface tank mermaid record distractions campaign
silent minute meditation goggles.**

1. A freediver doesn't use an air _____.
2. It is totally _____ underwater.
3. Freedivers dive as deep as they can and return to the _____ all in one breath.
4. Sara practises _____ to help her with her breathing.
5. James holds a world _____ in skiing.
6. A _____ has one large flipper.
7. Sara volunteers for an environmental _____.
8. Shelly loves every _____ of paragliding.
9. Speed skiers wear _____ to protect their eyes.
10. Carol likes paragliding because it's so peaceful with no _____.

3. Choose the correct word.

1. Sara _____ a deep breath before she dives into the water.
2. Rock climbing _____ naturally to Sandra.
3. Terry really wants to win the _____ championship in motocross.
4. Freedivers' lungs _____ as they dive deeper in the water.
5. Our neighbours are always _____ noise.
6. Kelly _____ a record in street luge.

