

Progress Test Files 6–10

Grammar, Vocabulary, and Pronunciation A

GRAMMAR

1 Complete the sentences. Use the correct form of the verb in parentheses.

Example: I'm not very good at talking (talk) in front of a group.

- 1 If we'd known you were coming, we _____ (buy) more food for this evening.
- 2 Most movie tickets _____ (buy) online these days, so there aren't many workers in movie theaters.
- 3 _____ (wait) for the bus is really boring.
- 4 Shinji's car _____ (steal) last weekend. He's very upset.
- 5 I'd learn Spanish faster if I _____ (not learn) Portuguese at the same time.
- 6 The detective told her _____ (not go out) on her own.
- 7 It's easy _____ (forget) Internet passwords unless you use the same one every time.
- 8 If you see him, please tell Raul I _____ (look) for him.
- 9 Try _____ (not break) anything.
- 10 "If you examine the evidence," said the author, "I think you _____ (solve) the mystery easily."

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2 Complete the sentences with one word.

Example: Claudia might get a promotion soon, but she's not sure.

- 1 You wouldn't resign, _____ you?
- 2 You _____ finished that book already, have you?
- 3 There aren't _____ hours in the day. I need more time!
- 4 That's the store _____ I bought my new laptop.
- 5 The artist, _____ paintings sold for millions of dollars, lived in a tiny cottage.
- 6 That _____ be Kate's mom. They have very similar faces, don't they?
- 7 He can't _____ the murderer! I thought he was a good character.
- 8 You'll call me from the train, _____ you?
- 9 I buy _____ DVDs than I used to. I use video streaming instead.
- 10 His online videos, _____ regularly get thousands of views, are about fashion.

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VOCABULARY

6 Match 1–11 with a–k.

- | | |
|---------------------|------------------------|
| 1 nod <u>i</u> | a a new job |
| 2 get promoted ____ | b a mystery |
| 3 dubbed ____ | c a new business |
| 4 plug in ____ | d your legs |
| 5 apply for ____ | e your hands |
| 6 shoot ____ | f into English |
| 7 kick ____ | g a device |
| 8 set up ____ | h at work |
| 9 press ____ | i your head |
| 10 solve ____ | j on location |
| 11 clap ____ | k a button |

8 Complete the sentences with the words in the box. There are three words that you don't need.

 bargain boss company detective finger
 groceries murder musicals online outskirts
 receipt ~~refund~~ shoulders trailer

Example: The train was two hours late. I'd like a refund, please.

- 1 Who is your favorite fictional _____?
- 2 I like my _____. She really cares about her employees.
- 3 Have you seen the _____ for Jennifer Lawrence's new movie?
- 4 I enjoy watching _____ in the theater. But I'm not so crazy about them as movies.
- 5 Kyle carefully placed the ring on his fiancée's _____.
- 6 I live on the _____ of Dallas. It's about four miles from downtown.
- 7 These shoes are a _____! This is a great sale.
- 8 I usually buy my _____ in a supermarket, but I'd prefer to use a farmers' market.
- 9 "Would you like a _____ in case you need to bring it back?" "Yes, please."
- 10 If the pool is really cold, try keeping your _____ under the water.

9 Write the nouns.

Example: translate translation

- | | |
|------------|-------|
| 1 employ | _____ |
| 2 succeed | _____ |
| 3 choose | _____ |
| 4 complain | _____ |
| 5 deliver | _____ |
| 6 smile | _____ |

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Reading and Writing A

READING

1 Read three people's reports about a plastic detox and check (✓) A, B, or C.

Sebastian

A few months ago, I saw a news show that showed a whole river in Indonesia being blocked by plastic waste. It was truly shocking. And that's when I decided to try a one-month plastic detox. I knew almost immediately that things weren't going to be easy. At my local supermarket, it is impossible to buy even a loaf of bread without some plastic packaging. I thought I'd be able to persuade the salespeople to, you know, *help*. But when I asked if they could put some fish, or some bacon, into the containers I'd brought instead of plastic bags, they said they weren't allowed to. So, I took the easiest route and turned vegetarian for a month, which isn't something I want to continue. Having a full-time job means there's simply no way I can spend hours each week visiting farmers' market stalls and boutique bakeries in my quest to reduce plastic. On the other hand, completing the detox has really opened my eyes to the amount of plastic waste I produce. From now on, I'm concentrating on recycling the plastic I use rather than cutting down on it.

Chen

I knew completing the plastic detox would be difficult in our busy family home. Children seem to require a lot of plastic. Their toys, their clothes, their food. Have you ever tried to find plastic-free chip bags? But I was very motivated to try and I'm glad I did. I discovered an excellent health-food store in our town that sells lots of plastic-free or easily recyclable products, like washing detergent in cardboard boxes. Although I won't be able to get everything from there, if I shop there once a month in addition to my weekly supermarket trip I'll be cutting down my plastic use considerably. I've also set up a WhatsApp group with other parents at my children's school. We've divided into smaller groups who live close to each other and we buy plastic-free products online together. It's cheaper that way and it also cuts down on the number of deliveries made to our streets.

Daniel

The key to reducing plastic, I've found, is to think about things in advance. I never leave home without my reusable coffee cup! Luckily for me, as a freelance worker I have more control over my working hours than some people. So it's pretty easy for me to visit the farmers' market, or buy meat at a butcher's shop. It's definitely true that these smaller stores, where staff have more time and flexibility, will help you to reduce plastic packaging more effectively than a supermarket. At the start of my detox month, I looked carefully at the plastic waste I produce. I discovered that if I made just two or three changes, my waste would be significantly reduced. Today I buy milk in glass bottles (ordered online and delivered to my door by an excellent local dairy), meat from the butcher's, and fruit and vegetables at the farmers' market. Job done!

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Reading and Writing A

Example Sebastian was inspired to complete the plastic detox by a documentary movie.

A True ☐ B False ☒ C Doesn't say ☐

1 Sebastian can't have been a vegetarian before the detox started.

A True ☐ B False ☐ C Doesn't say ☐

2 Sebastian found the distance to the street market and smaller shops problematic.

A True ☐ B False ☐ C Doesn't say ☐

3 If Sebastian hadn't tried the detox, he wouldn't have decided to improve his recycling.

A True ☐ B False ☐ C Doesn't say ☐

4 Chen was surprised to learn that clothing contains a lot of plastic.

A True ☐ B False ☐ C Doesn't say ☐

5 Chen's local health food store also sells cleaning products.

A True ☐ B False ☐ C Doesn't say ☐

6 Chen won't shop at the supermarket each week from now on.

A True ☐ B False ☐ C Doesn't say ☐

7 If Chen didn't shop with her WhatsApp friends, she wouldn't buy certain products.

A True ☐ B False ☐ C Doesn't say ☐

8 Daniel worried about the amount of plastic waste produced when he bought drinks in cafés.

A True ☐ B False ☐ C Doesn't say ☐

9 Daniel and Sebastian both say that customer service can affect the success of a plastic detox.

A True ☐ B False ☐ C Doesn't say ☐

10 Daniel had to make a lot of shopping changes to reduce his plastic waste.

A True ☐ B False ☐ C Doesn't say ☐

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2 Write S for Sebastian, C for Chen, D for Daniel.

Example: My work routine made the detox simpler. D

1 People with plastic-free lives must have a lot of time for shopping. _____

2 Being a parent added lots of plastic to my home. _____

3 The staff wouldn't let me use my own packaging. _____

4 Planning ahead is an important part of plastic-free living. _____

5 I'm also trying to reduce air pollution caused by my shopping. _____

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Reading total		15
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Progress Test Files 6–10
Reading and Writing A**WRITING**

Write about your own experience of giving something up or cutting down on something (100–150 words). Answer the questions:

- What did you give up/cut down on?
- How did you try to do this?
- How easy/difficult did you find it?
- Were you successful?
- What advice would you give to someone trying something similar?

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Listening and Speaking A

LISTENING

1 Listen to a conversation and complete the sentences. Write two words only.

- 1 Sasha is planning to show an old _____ movie to her children.
- 2 Sasha regularly reads the _____ on the Momsnet website.
- 3 Megan has posted comments in health discussions about _____ and _____.
- 4 Justine Roberts had the idea for the site after a disastrous _____.
- 5 In the interview, Justine said she hadn't planned to set up a business when she _____.

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2 Listen to five conversations. Check (✓) A, B, or C.

- 1 The research shows that scientists will be more creative if they _____.
A share an office ☐ B get along well ☐ C talk regularly face-to-face ☐
- 2 Isabel says that _____ is an important part of a "monk morning."
A removing distractions ☐ B avoiding technology ☐ C having regular breaks ☐
- 3 Ella would contribute better creative ideas if she had _____.
A fewer meetings ☐ B more time to prepare ☐ C a Creative Director ☐
- 4 Hiro says the best way to increase creativity is to _____.
A finish work earlier ☐ B let workers have fun ☐ C use workers' ideas ☐
- 5 The actors are _____ to get ideas for the rest of the scene.
A miming ☐ B using a pack of question cards ☐ C exploring the set ☐