

## **Worksheet:** Describing Activities Using the Present Perfect Progressive

Instructions: Imagine a person named Alex. Use the present perfect progressive tense to describe what Alex has been doing over the past week. Read the prompts and write a sentence for each one.

Example:

Prompt: Study English

Answer: Alex has been studying English for the past week.

Exercise at the gym.

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Work on a project

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Read a novel

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Cook new recipes

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Watch a TV series

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Learn to play the guitar

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Plan a vacation

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Clean the house

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