

Instructions:

1. Write the manufacturing and expiry dates.

1.

MFD : 01-03-2021
EXP : 01-03-2024

Manufactured on 

Day

Month

Year

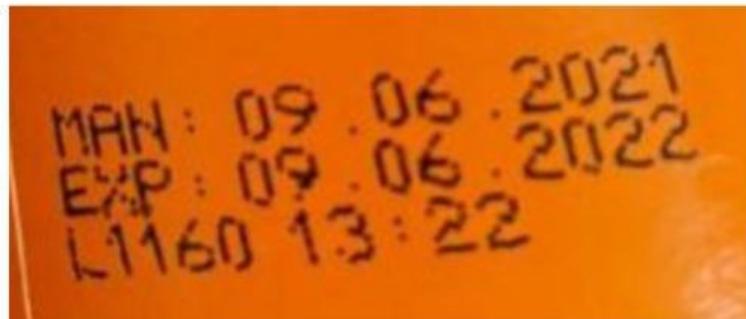
Expire on 

Day

Month

Year

2.



Manufactured on 

Day

Month

Year

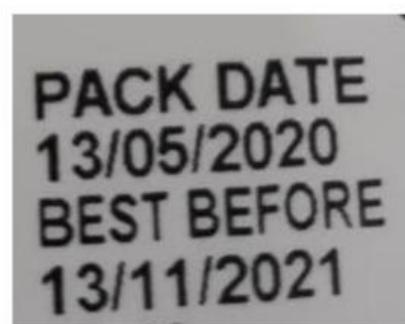
Expire on 

Day

Month

Year

3.



Manufactured on 

Day

Month

Year

Expire on 

Day

Month

Year

Instructions:

1. Fill in the blanks

What happens if we eat expired food? List **four** side effects.

I may get

1) _____

2) _____

3) _____

4) _____.

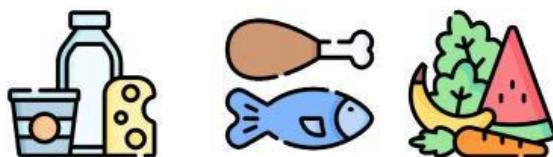


Instructions:

1. Circle the food that will expire **faster**.

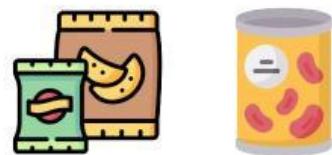


a)



Fresh food

b)



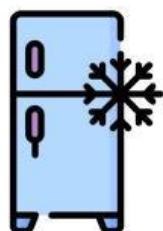
Canned food

Instructions:

1. Circle the food that will expire **faster**.



a)



Frozen food

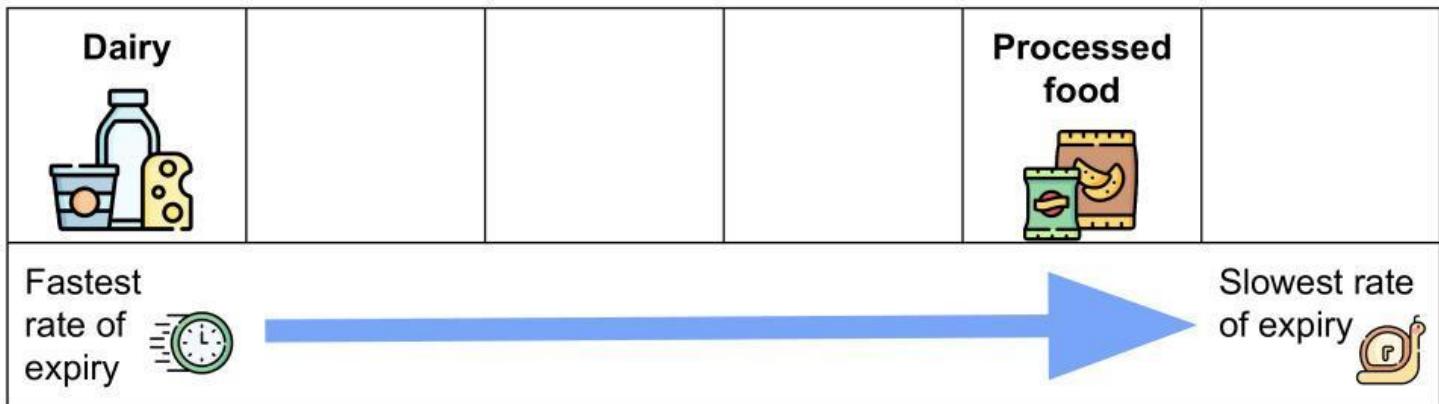
b)



Room temperature food

Instructions:

1. Identify the items that expires the fastest to the slowest.



Instructions:

2. Rearrange the food products from earliest to latest

Example

Year		
2024	2016	2022

Expiring earliest			Expiring latest		
					
1)	2)	3)			
2024	2022	2016			

Instructions:

2. Rearrange the food products from earliest to latest

<u>Year</u>		
2023	2025	2021

Expiring earliest

Expiring latest



1)

2)

3)

<u>Month</u>
<i>April</i>
<i>May</i>

Expiring earliest

Expiring latest



1)

2)

3)

Instructions:

2. Rearrange the food products from earliest to latest

<u>Year</u>		
2023	2025	2021

Expiring earliest		Expiring latest
		
1)	2)	3)

<u>Month</u>		
April	May	March

Expiring earliest		Expiring latest
		
1)	2)	3)