

Gateway 2nd Edition B1+

Student name _____

Group/Class _____

Date _____ Score _____

GRAMMAR

1 Choose the correct alternatives to complete the sentences.

- 1 When we were getting/got off the train, it was raining hard.
- 2 I have opened/have been opening the window because it's getting really hot in here.
- 3 Who do you think is going to be/will be better for the job? Pete or Sally?
- 4 You have to/ought to go home if you're feeling tired.
- 5 By the time Mike arrived, we have finished/had finished the meal.

Score: / 5

VOCABULARY

2 Complete the sentences with the correct form of the words given.

- 1 Charles Dickens was _____ (*inspire*) to write by his terrible childhood in London.
- 2 I was _____ (*disappoint*) when I came second in the race because I had expected to win.
- 3 The assistant was very _____ (*help*) when I asked her to show me some more boots in different colours.
- 4 The story was really _____ (*excite*) and I couldn't put the book down until I'd finished!
- 5 I'll have to _____ (*sit*) two of my exams in the autumn because my marks weren't good enough.
- 6 This phone is _____ (*use*) because the battery isn't working.
- 7 Kevin has been _____ (*artist*) since he was a baby and has always loved colours and painting.
- 8 I'd like a new bed because mine is getting more and more _____ (*comfort*).
- 9 I was _____ (*confuse*) by Dean's directions and got completely lost.
- 10 I was very _____ (*embarrass*) when I realised I was wearing two different coloured socks!

Score: / 10

3 Complete the sentences with the correct answer, A, B or C.

- 1 The new student, Leona, is very _____ and comes out with us quite often at weekends.
A shy B selfish C sociable
- 2 My grandfather is quite _____ now, but he still goes out for long walks with us.
A handsome B elderly C arrogant
- 3 I'm ashamed to say that I don't always warm _____ before exercising.
A up B at C through
- 4 I can't _____ tickets for the concert this week because I've just bought a new laptop.
A afford B borrow C earn
- 5 Yuki has got a lovely, positive personality. He's always _____ and smiling.
A patient B lazy C cheerful

Score: /5

4 Choose the best answer (A, B, C or D) to complete the text.

I think that we are almost ready (1) _____ the party. I have put the food out on the main table in the kitchen. There are some salads, sandwiches and pies, just (2) _____ really, but I think there will be enough. I threw the bread away in the end because it was (3) _____ - nobody could eat it! I've selected some music for the evening. I just hope that the music system doesn't break (4) _____ like it did last time. And I cleaned up in the kitchen as well because it was (5) _____ after all the cooking.

- 1 A of
B for
C to
D on
- 2 A plates
B main courses
C snacks
D starters
- 3 A cold
B raw
C fresh
D stale
- 4 A up
B down
C off
D on
- 5 A filthy
B boiling
C lively
D clean

Score: /5

5 Complete the text with these words. There are three extra words.

completely essential intelligent irrational musical quality relaxed slightly

I think that friendship is the most important thing in my life. Personally, I think that it is (1) _____ for people to have someone that they can chat to about problems. My best friend is called Sandra and we try to spend (2) _____ time together doing nice things. When I am with Sandra, I feel very (3) _____ and I can talk about anything that's worrying me or on my mind. Sandra is (4) _____ older than me, but not much.

She was born in January and I was born in May, but in the same year. We are quite different though, because I love science, maths, while she is very (5) _____ and plays the piano and the violin.

Score: /5

READING

Are you stressed?

Most people experience a period of stress in their lives at some time. This is perfectly normal and there are different types of support available. Here are some ideas to help you deal with those difficult times.

Running

We all know about the physical benefits of running, but the mental effects, such as clarity of thought and relief from stress, are just as important for good health. Running sends blood to the brain and makes it easier to think clearly. (1) If you're feeling stressed, go for a jog. The effect is even better when you run well. How to do it? A good tip is to watch an eight-year-old running. Their steps are springy; the foot gets off the floor quickly and comes down lightly. You should take notice of what your brain is telling you. (2) You'll discover how good it makes you feel once you get the hang of it.

Sleeping

It is all too easy for those who can 'hit the pillow and go out like a light' to tell you to just stop thinking about things. If you are a worrier, you can't just stop worrying, and this can affect your sleep. So, obey the basic rules: try to go to bed and get up at the same time every day, and allow some time to relax before bed. (3) This should ideally be in the same place, at the same time every day. Give yourself 15–20 minutes to think about your worries and write a to-do list. Try drinking some warm milk and whatever you do, switch off your phone! And if you're worrying about not sleeping and not being able to cope the next day, remember that sometimes our bodies actually need less sleep than we think. (4)

Writing

Writing down the things that are worrying us can be very therapeutic. It is a way of setting a thought free. Once it's on the page or screen, we can read it, reread it, delete it or think about it. It can help us look at a problem more objectively. (5) Try it: take one of your worries, such as a conversation or argument that has troubled you, and write what you wish you'd said or the words of support you'd hoped the other person might say to you. Writing a blog may have replaced diaries, but they are both a means of presenting your thoughts. (6) Try some of these suggestions and you may find that your stress levels will begin to go down. But don't forget – a certain level of stress in the body is good for you!

6 Read the article about stress and choose the best answers, A, B, C or D.

- 1 Running helps clarity of thought because
 - A blood travels more slowly to the brain.
 - B blood travels faster to the brain.
 - C the brain helps you run faster.
 - D the fresh air helps you think better.
- 2 To find out how to run you should
 - A join a gym.
 - B watch how children run.
 - C listen to music.
 - D buy an MP3 player.
- 3 People who get to sleep easily do the following:
 - A hit the pillow first.
 - B get into bed and make lists.
 - C get into bed and don't worry.
 - D make lists and then get into bed.
- 4 If you have problems getting to sleep, you should
 - A allow yourself a short time to worry.
 - B not worry at all, but start writing a list.
 - C allow yourself as much time as you need to worry.
 - D get up very early so that you are tired at night.
- 5 The author suggests that you can write
 - A in a notebook.
 - B in a blog.
 - C in a diary.
 - D on a computer or on paper.
- 6 The benefit of writing is that it helps you to
 - A order your thoughts.
 - B prepare arguments for tomorrow.
 - C improve how you express yourself.
 - D improve the speed of your writing.

Score: /6

USE OF ENGLISH

7 Choose the best answer (A, B, C or D) to complete the email.

Hi Patrick,

What a day! I was going to have a really (1) _____ Saturday, finishing off some homework and doing various things (2) _____ the house for Mum. Well, that was the plan! Alison phoned and persuaded me to go shopping in the new mall with her.

Disaster! I (3) _____ all the money I earned from helping Mum in the house! Not on clothes, you'll be pleased to hear! You know I've recently taken (4) _____ tennis? Well, there was a pair of amazing (5) _____ in the sale, so of course I had to get them, and a new (6) _____ as well. I'll be using both on the (7) _____ tomorrow, so you can see them! I also bought a few things for school. I got a new dictionary and some pens, but although I spent a lot, I don't think I (8) _____ my money.

After that, Alison told me that her brother was in the (9) _____ of the new play at the Apollo Theatre, so of course I went along with her in the evening. But the tickets cost me £30! I definitely need (10) _____ some more if I'm going to go to the Killers gig with you next month! Hope your weekend was good!

Best wishes,

Josie

1 A relaxed
B relaxing
C relax
D relaxation

2 A around
B at
C inside
D to

3 A lost
B cost
C spent
D earned

4 A down
B up
C in
D off

5 A clubs
B gloves
C goggles
D trainers

6 A net
B racket
C boots
D skates

7 A pitch
B pool
C slope
D court

8 A spent
B wasted
C saved
D used

9 A list
B cast
C programme
D lyrics

10 A earn
B earning
C to earn
D to earning

Score: / 10