

PAST PERFECT TENSE AND RELATIVE CLAUSES

GRAMMAR WORKSHEET

1. Complete the sentences with the correct relative pronoun.

- A diet _____ is rich in fruits and vegetables can improve your health.
- People _____ exercise regularly are generally healthier.
- Patients _____ symptoms are severe should see a specialist immediately.
- The hospital _____ Tom works is renowned for its cancer treatment.
- The patient _____ diet is very strict has diabetes.

2. Combine the following sentences using relative pronouns.

- She is the nutritionist. I saw her yesterday.

- The gym is near my house. I go to the gym every day.

- There are many health benefits. These benefits come from regular exercise.

- The patient has diabetes. His diet is very strict.

3. Complete the sentences with the correct form of the verbs in brackets using the Past Perfect Tense.

- By the time she went to the doctor, she _____ (follow) a strict diet for a month.
- After David _____ (start) exercising regularly, he felt much better.
- They _____ (already/eat) breakfast before they went for a morning run.
- Before he took up meditation, he _____ (struggle) with stress for years.
- She _____ (never/try) yoga before she joined the wellness retreat.

4. Complete each sentence by forming a logical continuation using the Past Perfect tense and the prompts provided.

- He (already quit smoking) _____ before he began to notice improvements in his breathing.
- By the time she (discover yoga) _____, she (try many other forms of exercise) _____.
- After (attend a seminar wellness) _____, they decided to make significant lifestyle changes.
- She (consult a nutritionist) _____ before he (create a balanced meal plan) _____.