INSPIRED TOTS EARLY LEARNING CENTER
1ST GRADE 3rd TERM ASSESSMENT

HEALTH EDUCATION

1. Something I do without thinking is called? (a) Habit (b) health (c) manners
2. Which of these organs control your self-esteem?

3. What is self-esteem? a) confidence in house b) confidence in yourself
   c) confidence in others

4. Which of these is a positive self-esteem? a) hating yourself b) fighting others

c) knowing you can have good success

5. When someone puts you down, it can affect your self-esteem. TRUE FALSE

6. Which of these can cause air pollution? a) smoke b) air freshener c) water

7. One of these is a disadvantage of air pollution. a) it can cause cancer b) it causes global warming c) it makes you fat

8. Click on the manipulative skill. a) climbing b) standing c) sitting

9. Which system of the body does HIV/AIDS affect? a) digestive system b) immune c) skeletal system

10. What does the 'H' in HIV stand for? a) happy b) hungry c) human

LIVEWORKSHEETS