

**Watch the episode and tick the correct options**

1. Sarah is an extrovert.
2. Our squiggles are as individual as we are.
3. Sarah used to make newspapers.
4. People didn't need their idea.
5. 'Where do you see yourself in five years' time' is an uncomfortable question.
6. Ladders limit learning and opportunity.
7. Your development is dependent on other people.
8. We need to change our perspective on progression.
9. The most important thing is to get the permission to explore.
10. Helen contributed to her organization as a non-techie.

