

INSPIRED TOTS EARLY LEARNING CENTER  
PRE K THIRD TERM ASSESSMENT TEST, 2024.

SUBJECT: Health Habits

1. \_\_\_\_\_ are the bad things we do to people. (a). Bad Habits (b). Good Habits
2. Sharing is a bad habit. (a). True (b). False
3. The following are healthy habits except.



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4. The following are bad habits except.



5. \_\_\_\_\_ is the way we carry our bodies and our legs. (a). Posture (b).

Exercise

6. Types of posture include; standing posture, \_\_\_\_\_,

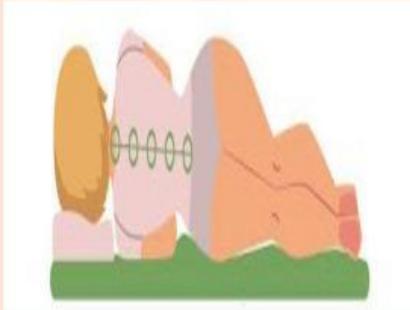
\_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_.

7. There is good and bad posture. (a). True (b). False

8. Exercise helps build good posture. (a). True (b). False

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9. The following are good postures except.



10. Healthy habits is the way of living \_\_\_\_\_.