

> Unit 1: Sports and free time

Vocabulary focus: Sports and free time

1 Here are the definitions of **ten** words from Unit 1 in the Coursebook. Use the definitions to work out the words. The first letter of each word is given to help you.

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|---|-------------|
| a age group | g _ _ _ _ _ |
| b a decision to definitely do something | p _ _ _ _ |
| c encourage and motivate | i _ _ _ _ |
| d experiencing in a negative way | s _ _ _ _ _ |
| e a group | a _ _ _ _ _ |
| f having made a definite decision | d _ _ _ _ _ |
| g personal control | d _ _ _ _ _ |
| h not known to you | u _ _ _ _ _ |
| i someone you play against in sport | o _ _ _ _ _ |
| j changes of position | m _ _ _ _ _ |

2 Complete sentences a–i using the words from Activity 1.

- a For those of you who are with squash, it is not like tennis or badminton.
- b The aim of the game is to hit the ball in such a way that your cannot return it.
- c I went from playing squash for fun to becoming a force on the court after several defeats.
- d I was to get better.
- e I made a to myself that I would keep trying to improve.
- f This pushed me into learning particular and the finer techniques of the game.