1A Eating in...and out

Anything is good if it's made of chocolate.
Jo Brand, British comedian

G present simple and continuous, action and non-action verbs | V food and cooking | P short and long vowel sounds

1 VOCABULARY food and cooking

a Circle the word that is different. Explain why.

1 peach chicken raspberries pear
The others are all *fruit*.
2 pork lamb squid beef
The others are all _____.
3 melon cherries peach cucumber
The others are all _____.
4 green beans beetroot cabbage duck
The others are all _____.
5 lemon salmon grapes cherries
The others are all _____.
6 courgette crab mussels prawns
The others are all _____.

b Match the words from the list to definitions 1–8.

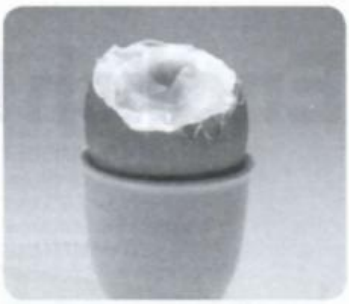
aubergine avocado lobster mango
melon red pepper squid tuna

1 a large sea fish that we eat
tuna
2 a vegetable with dark purple skin
_____
3 a tropical fruit with hard, dark green skin, soft, light green flesh, and a large seed inside
_____
4 a sea animal with a soft body, eight arms, and two tentacles
_____
5 a red vegetable that is empty inside
_____
6 a tropical fruit, which has a yellow and red skin and is yellow inside
_____
7 a sea creature with a hard shell and eight legs
_____
8 a large round fruit with a thick yellow or green skin and a lot of seeds
_____

c Label the pictures.



1 *grilled* salmon



2 _____ egg



3 _____ potato



4 _____ egg



5 _____ chicken



6 _____ peas

d Complete the sentences with a word from the list.

fresh frozen low-fat raw spicy tinned

1 We don't need *tinned* tomatoes, we need fresh ones.
2 Are there any _____ peas in the freezer?
3 I don't like _____ fish, so I never eat sushi.
4 Hannah's on a diet, so she's bought some _____ yoghurt to have for dessert.
5 We buy _____ bread from the baker's every morning.
6 Mexican food can be very _____.

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e Match the phrasal verbs in **bold** in questions 1–3 to definitions a–c.

1 Are there any food or drinks you'd like to **cut down on**? Which one(s)? _c_
2 Have you ever tried to **cut out** any food or drinks completely? Which one(s)? ____
3 Where do you usually go when you want to **eat out**? What do you usually have? ____

a to stop eating something completely
b to have lunch or dinner in a restaurant
c to eat less of something

f Answer the questions in **e**.

1 _____
2 _____
3 _____

VOCABULARY FROM LISTENING

g Complete the sentences.



1 I m*iss* _____ drinking English tea when I go abroad.
2 My favourite pizza t_____ is ham and mushroom.
3 I eat chocolate when I'm unhappy to ch_____ myself u_____.
4 We sometimes eat r_____-m_____ food for dinner when we get home from work late.
5 I'm a_____ to peaches, so I never eat them.
6 Do you ever get t_____ food from the Chinese restaurant on the corner?
7 I don't like tuna as a sandwich f_____.

2 PRONUNCIATION short and long vowel sounds

a Write the words in the chart.

beef carton chicken chocolate cookie crab cucumber jar mango peach pork prawns sausage squid sugar tuna

1 fish	2 tree	3 cat	4 car
	beef		
5 clock	6 horse	7 bull	8 boot

b 1.1 Listen and check. Then listen again and repeat the words.

c Write the words.

1 /bəʊld/ *boiled*
2 /ˈkæbɪdʒ/ _____
3 /ˈspaɪsi/ _____
4 /rəʊst/ _____
5 /greɪps/ _____
6 /fruːt/ _____
7 /beɪkt/ _____
8 /ˈmeɪən/ _____
9 /ˈəʊbəʒiːn/ _____

d 1.2 Listen and check. Then listen again and repeat the words.

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3 GRAMMAR present simple and continuous, action and non-action verbs

a Complete the sentences with the present simple or continuous form of the verbs in brackets.

1 I sometimes *feel* _____ tired after lunch. (feel)
2 We _____ usually _____ late at the weekend. (not get up)
3 _____ you _____ the TV or can I turn it off? (watch)
4 My boss _____ to work every morning. (cycle)
5 Can you call back later – I can't hear you. We _____ a party, and the music is very loud. (have)
6 There's a man in our neighbours' garden. What _____ he _____? (do)
7 How often _____ your teacher _____ you homework? (give)
8 I _____ chocolate this month. I need to cut down on sweet things. (not eat)
9 My mother _____ often _____ exercise. (not do)
10 My girlfriend has stopped eating snacks. She _____ to be healthier. (try)

b Correct any mistakes in the highlighted phrases. Tick (✔) the correct sentences.

1 I like your jacket. Is it new? ✔
2 Something is smelling good. What are you making? ✘
Something smells good.
3 That cake is looking delicious. Did you make it?
4 I don't know what to cook for dinner.
5 Are you thinking the fish is cooked now?
6 Can I call you back? I'm having lunch right now.
7 This soup tastes quite spicy. What's in it?
8 I'm loving all kinds of vegetables. There aren't any I don't eat.

c Complete the sentences using the correct form of a verb from the list.

believe not belong ~~drive~~ play not recognize not sleep sound not use

1 I can't talk now, I'*m driving*. I'll call you when I get to the office.
2 I think your boyfriend is telling the truth – I _____ him.
3 Can you turn off your computer if you _____ it?
4 This bag _____ to me. Is it yours?
5 Sarah isn't at home. She _____ tennis.
6 I'm tired because I _____ well at the moment.
7 I _____ that woman. Do you know who she is?
8 That music _____ awful. Would you mind turning it down?

d Write questions.

1 what / you / do right now
What are you doing right now?
2 where / you / usually do your homework
_____?
3 why / you / study English
_____?
4 you / think English is easy
_____?
5 you / enjoy the classes at the moment
_____?
6 what / you / usually do after the class
_____?

e Write an email to your teacher. Use the questions in **d** to help you.

Hi _____,

Right now, I'm doing my English homework.

Hope you're well.

Best wishes

_____

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