



FEELINGS!



Look at the pictures and complete the crossword with the vocabulary for feelings.

Can you answer some questions using the following adverbs before the adjectives for feelings?

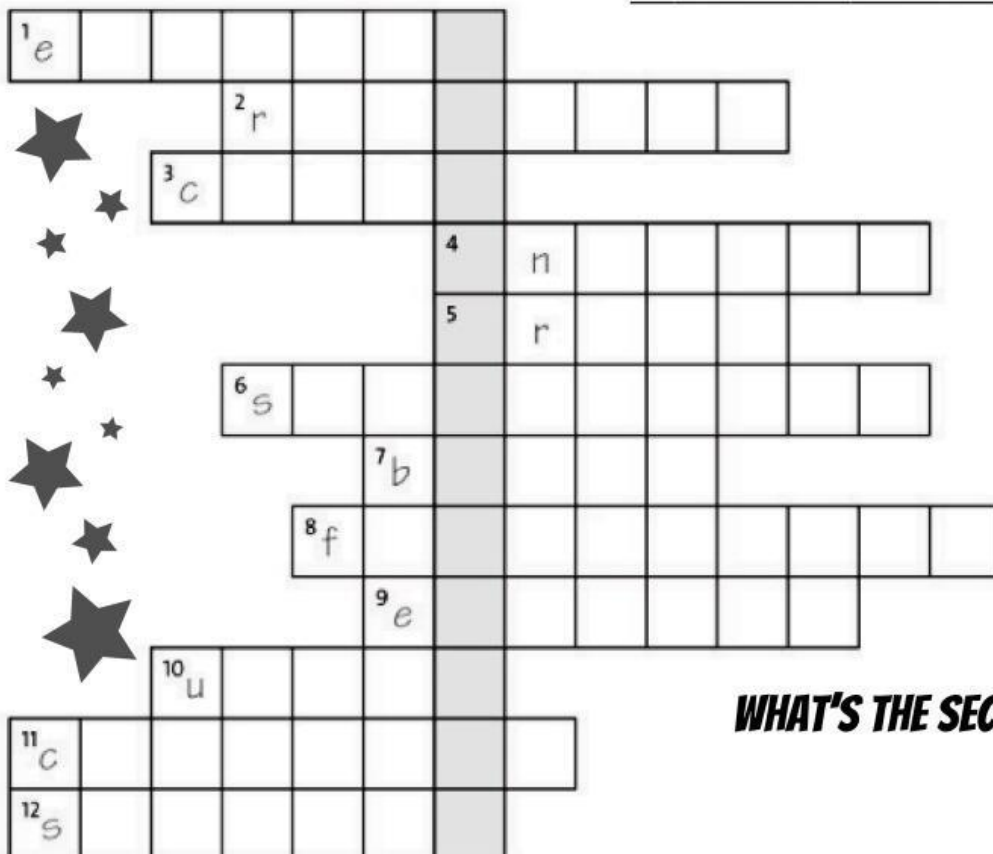
- extremely
- very
- rather
- a bit
- a little bit

1. How do you feel after a long day of work?
I feel a little bit tired
2. How do you feel when you can't find your phone?

3. How do you feel when you listen to your favorite song?

4. How do you feel when you say late in bed?

5. How do you feel when you find money in your coat pocket?



WHAT'S THE SECRET WORD?



READING COMPREHENSION:

SOLVING A PROBLEM:

Growing up can be tricky sometimes. We often face problems or find ourselves in hard situations. Right now, I am solving a math problem. It's tricky, but I am trying my best.

Sometimes problems can make us feel confused or a bit anxious. When we don't understand something, we might ask for help. Asking for help is important. We can ask our teachers or parents to solve a problem with us.

When we can't figure something out, it can make us feel embarrassed or even ashamed. But it's okay to ask questions and ask for help. Everyone needs help sometimes.

I know many people feel cross nowadays. They are having big troubles that are difficult to solve. They can ask for help from their parents, friends or partners.

Finding a solution to a problem can take time. It's important not to give up. Keep trying, and remember it's okay to make mistakes. We learn from them.

So, next time you face a problem, remember to stay calm, ask for help, and keep trying. You will find a resolution, and you will feel proud of yourself!



COMPREHENSION QUIZ:

- What activity is the speaker doing right now?
 - a) Reading a book
 - b) Solving a math problem
 - c) Playing outside
 - d) Watching TV
- What feeling might problems sometimes make us experience?
 - a) Happiness
 - b) Confusion
 - c) Excitement
 - d) Boredom
- Who can we ask for help when we can't solve something?
 - a) Only friends
 - b) Only teachers
 - c) Only parents
 - d) Anyone who can help us.
- What feeling is described when someone can't figure something out?
 - a) Happiness
 - b) Embarrassment
 - c) Confidence
 - d) Joy
- What's the message about solving problems in the text?
 - a) Don't ask for help
 - b) Give up easily
 - c) Keep trying and ask for help when needed
 - d) Solve everything by yourself