UNIT 26

Vocabulary

Preference and leisure activities

Topic vocabulary: Preference

see page 243 for definitions

addiction (n)	decline (v)	greedy (adj)	praise (v, n)
adore (v)	dedicated (adj)	impulse (n)	resolve (v)
anticipation (n)	delight (v)	inclined (adj)	sacrifice (v, n)
appeal (v, n)	desire (v, n)	liking (n)	strive (v)
arbitrary (adj)	devote (v)	mediocre (adj)	taste (n)
aspiration (n)	differentiate (v)	motive (n)	tempting (adj)
bear (v)	envy (v, n)	mundane (adj)	urge (v, n)
compulsory (adj)	fancy (v)	obsessed (adj)	welcome (v, adj)
content (adj)	fascination (n)	optional (adj)	worthwhile (adj)
craving (n)	favour (v, n)	passion (n)	yearn (v)

Topic vocabulary: Leisure activities

see page 244 for definitions

absorbing (adj)	indulge (v)	pursue (v)	solitude (n)
casual (adj)	lifestyle (n)	recreation (n)	tedious (adj)
exhilarating (adj)	leave (n)	respite (n)	trivial (adj)
fatigue (n)	outing (n)	sedentary (adj)	unwind (v)
idle (adj)	pastime (n)	socialise (v)	venue (n)

Phrasal verbs

centre around	if something centres around someone or something, or you centre something around them, they are its main subject of attention or interest
get into	start enjoying something or become enthusiastic about it; if a train, plane, etc gets into a place, it arrives there; become involved in a bad situation
go in for	enjoy a particular thing or activity; choose something as a subject of study or as your career
go off	stop liking someone or something; explode or be fired; leave a place, especially for a particular purpose; if food or drink goes off, it is no longer fresh
grow on	if something or someone grows on you, you start to like them more
hang out	spend time in a particular place or with particular people; lean out of a window so that the top part of your body is outside *hang-out (n)*
keep up	continue to do something; move at the same speed as someone or something
laze around	relax and enjoy yourself, doing no work
mess about/ around	spend time doing things in a relaxed way; behave in a silly way
pick up	learn a new skill or start a habit without intending to; go and meet someone or something that you have arranged to take somewhere in a vehicle
put in	spend a particular amount of time doing something, or make a particular amount of effort in order to do something *input (n)*
seek out	find someone or something by looking for them in a determined way
take in	include something
take off	have a particular amount of time away from work; become successful or popular very fast *take-off (n)*
take out	take someone to a place like a cinema or a restaurant and usually pay for them
warm up	prepare for a sport or activity by doing gentle exercises or practising just before it starts *warm-up (n)*

Phrases, patterns and collocations

choice make a choice, exercise choice, have no choice, choice between, choice of, personal/parental/consumer choice, informed choice, wide choice, obvious choice

choose choose from, choose between, choose sb/sth as, choose sb/sth out of, choose to do, pick and choose, nothing/little to choose between

decide decide to do, decide against/in favour of, decide that, decide between, decide for yourself, decide on

delight delight in doing, take (great) delight in doing, to sb's delight, with/in delight

LIVEWORKSHEETS

Phrases, patterns and collocations

eager	eager to do, eager for, only too eager to do
free	set sb free, let sb go free, free sb from, walk free, free to do, free from, free and easy, free time
impulse	act on impulse, do sth on impulse, control/resist an impulse, an impulse to do
keen	keen (for sb) to do, keen on, keen interest in
leisure	have the leisure to do, at your leisure, leisure centre, leisure pursuits, leisure time
like	like (sb) to do, like doing, like it when, just like, anything/nothing like, it's not like sb to do, like crazy/mad, like so, something like
need	need (sb) to do, need do, need doing, meet a need, have no need of, in need (of)
off	have / take / be given the day off, have / take / be given time off, off work/college, off sick
opt	opt for, opt to do
option	have no option (but to do), consider your options, the option of doing, the option to do, keep/leave your options open
play	play against/for, play at, play by yourself, play for time, play the fool, play sth by ear, at play
praise	praise sb for doing, win/earn/deserve praise, full of praise for, in praise of
prefer	prefer sth to, prefer (sb) to do, prefer doing, would prefer (that), would prefer it if
rest	rest sth on/against, rest assured that, take/have a rest (from), get some rest, come to rest, at rest
taste	develop/have a taste for, in good/bad taste, sense of taste, acquired taste
want	want (sb) to do, want sth done, for want of

Idioms

at a loose end	with nothing in particular to do
couch potato	someone who spends a lot of time sitting at home watching television
do sth on a whim	do because of a sudden feeling that you must have or do something
have time on your hands	have more time available than you need
let your hair down	relax and enjoy yourself because you are in a comfortable environment
life and soul of the party	someone who is very lively at social events
put your feet up	sit down and relax, especially with your feet raised off the ground
recharge your batteries	rest after being very busy, so that you will be ready to start working again
set your heart on	decide that you want something very much
variety is the spice of life	used for saying that different experiences and situations make life enjoyable or interesting

Word formation

available	(un)availability, unavailable
choose	chose, chosen, choice, choosy
desire	(un)desirable, desirous, desired, (un)desirably
do	overdo, outdo, redo, undo, (over/out/re/un)did, (over/out/re/un)done, doing, doings
envy	(un)enviable, (un)enviably, envious(ly)
leisure	leisured, leisurely
motive	(de)motivated, (de)motivator, (de)motivation, (de)motivating, motivational
obsess	obsession, obsessed, obsessive(ly)
play	replay, overplay, downplay, player, playful(ly)
prefer	preference, preferable, preferred, preferential, preferably
pursue	pursuit, pursuer
relax	relaxation, relaxing, relaxed
rest	restlessness, unrest, restive, restful(ly), restless(ly)
rhythm	rhythmic(al), rhythmically
satisfy	dissatisfy, (un)satisfactory, (dis)satisfied, (un)satisfying(ly), satisfactorily
select	deselect, selection, selective(ly)
sport	sportsman/woman/person, sportsmanship, sports, sporting, sporty
stimulate	stimulation, stimulant, stimulus, stimuli, stimulating, stimulated
tend	tendency
zeal	zealot, zealous(ly)

LIVEWORKSHEETS

Topic vocabulary: Preference

A Choose the correct answer.

1 Although she would have preferred to carry on working, my mum ..... her career in order to have children.
A devoted B repealed C sacrificed D abolished

2 I find the offer quite ..... , but I think I'd rather study at Oxford.
A tempting B desirous C inclined D envious

3 I don't normally like noisy clubs, but I had a sudden ..... to see what the Blue Parrot was like.
A force B motive C pressure D impulse

4 Jerry loves snowboarding so much that it's almost like a drug ..... .
A passion B obsession C addiction D requirement

5 I don't want to do the course in applied statistics, but it's ..... .
A compulsory B inevitable C bound D indecisive

6 Don't worry about me – I'm quite ..... to sit here and wait for you to come back.
A ecstatic B delighted C joyful D content

7 When I was pregnant, I often got a sudden ..... for tinned sardines.
A preference B craving C envy D greed

8 Thank you for thinking of us, but I'm afraid we're going to have to ..... your kind invitation.
A decline B deny C condemn D reject

9 I've never seen anyone so ..... to their job as Philip is.
A eager B keen C dedicated D interested

10 Why do you have such a ..... with model railways?
A desire B fascination C love D preference

11 I wish you would stop wasting so much time on computer games and do something a little more ..... .
A welcome B enviable C feasible D worthwhile

12 Olivia has always ..... to return to the country she was born in.
A favoured B yearned C urged D inclined

B Complete using the correct form of the words in the box.

adore • appeal • bear • delight • differentiate • fancy • favour • praise
resolve • strive • urge • welcome

1 Trisha suggested going to Indonesia, but the idea didn't really ..... to me.
2 Young children seem to ..... in showing things they've made at school to their parents.
3 Francis obviously ..... his three children and will do anything for them.
4 I think I just ..... getting a DVD and staying in tonight.
5 The firefighters ..... Mrs Collins for her quick thinking when the fire broke out.
6 We would ..... anyone who values personal freedom to vote against this proposal.
7 The Prime Minister ..... the suggestion from the leader of the opposition and said that the government would consider it carefully.
8 I don't know how Liz can ..... to work at that place.
9 It's important to have clear goals to ..... towards.
10 Parents should try to treat all their children equally and not ..... one over another.
11 It's quite easy to ..... between margarine and butter because butter has a creamier taste.
12 The Board of Directors has ..... to increase sales by at least 20% over the coming year.

LIVEWORKSHEETS

C Circle the correct word.

1 Share your chocolate with your brother and don't be so **greedy / obsessed**.
2 Claudia's completely **greedy / obsessed** with Jack and doesn't talk about anything else these days.
3 I smiled in **anticipation / aspiration** as the waiter brought the desserts to our table.
4 Joining the Air Force has always been an **anticipation / aspiration** of mine.
5 These two day trips are included in the price of the tour, while the third is **arbitrary / optional** and costs 50 euros extra.
6 We don't have any information about the hotels, so we'll just have to make an **arbitrary / optional** decision.
7 If you look at Madeleine's house, it's obvious she has a lot of **liking / taste**.
8 I've always had a **liking / taste** for Naomi, ever since she moved in next door.
9 Life in this small town is really quite **mediocre / mundane** and I can't wait to move to the big city.
10 I thought her latest book was **mediocre / mundane** compared to the others, which I really enjoyed.
11 Eva got everything she had ever **envied / desired** when she married a rich businessman.
12 I **envy / desire** people who can just walk into a room full of strangers and feel at home.

Topic vocabulary: Leisure activities

D If the word in bold is correct, put a tick. If it is incorrect, replace it with one of the words in bold from the other sentences.

1 It should be quite a **sedentary** event, so don't dress up too much. .....
2 Without enough leisure time, people begin to suffer from stress and **solitude**. .....
3 I get 25 days a year **venue**, which is probably about average. .....
4 The new Arts Centre should be a great **outing** for concerts. .....
5 Last time I had a day off, we went on a family **lifestyle** to the beach. .....
6 Kids just wouldn't fit in with my **fatigue**, so I don't plan to have any at the moment. .....
7 I like to be quite active when I've got time off because my job is quite **absorbing**. .....
8 I find nothing so relaxing as reading a really **casual** book. .....
9 Work's so **tedious** that I can't wait to meet my friends in the evening. .....
10 The most relaxing things about getting away to the mountains are the peace and **leave**. .....

E Complete using the correct form of the words in the box.

exhilarating • idle • indulge • pastime • pursue • recreation • respite • socialise • trivial • unwind

The beginnings of modern leisure

During the first half of the nineteenth century, more and more people were employed in factories, working 14- or 15-hour days that left them little time for hobbies, sport or any other form of (**1**) .... and meant they weren't able to (**2**) ..... with friends. A key breakthrough in Britain came with the Ten Hour Act (1847), which limited the working day and ensured that workers got some (**3**) ..... from their jobs. People now had at least some time to (**4**) ..... from work at the end of the day and (**5**) ..... themselves.
Not everyone approved. Many members of the middle class hated the idea of the workers being (**6**) ..... and believed that they would waste their time on (**7**) ..... matters instead of (**8**) ..... productive activities, such as education or going to church. The workers, however, found the new freedom (**9**) ..... and threw themselves into new (**10**) ..... with enthusiasm.

LIVEWORKSHEETS

Phrasal verbs

F **Match to make sentences.**

1	I suppose I spend a lot of time just hanging	A	in some fantastic areas of natural beauty.
2	The best thing about camping is just messing	B	for active pastimes; I much prefer reading.
3	Since I'm self-employed, I'm able to take	C	about with all the equipment all day.
4	Drew spends a lot of time seeking	D	a whole month off and just travel.
5	Most of my leisure time seems to centre	E	out with friends in the town centre.
6	The tour we're going on next week takes	F	out good spots to go windsurfing.
7	I'm not one of those people who go in	G	around fishing or my other main hobby, water polo.
8	With a bit of practice, I picked	H	up a few songs after just a couple of lessons on the guitar.

G **Complete using a phrasal verb with a word from box A in the right form and a word from box B. You need to use one word from box B more than once.**

A get • go • grow • keep • laze • put • take • warm

B around • in • into • off • on • out • up

1 I don't have much money these days, so it's hard to ..... my music collection.
2 If you're ..... Amanda ..... this weekend, why don't you go to the Popwave festival?
3 I didn't like this CD at first, but now I'm really ..... it.
4 Carl and I just spent the whole day ..... listening to music.
5 I'm still not sure about this track, but I think it's starting to ..... me.
6 Before the concert started, we could hear the band ..... off stage.
7 I used to love this band, but I've ..... them since the lead singer left.
8 You can tell they've ..... a lot of hard work when you listen to their latest album.

H **The phrasal verb *get into* has a meaning connected to the idea of becoming involved in an activity or situation. Tick the sentences where the phrasal verb has a meaning connected to a similar idea.**

1 I love watching TV, but it does **bite into** my free time. .....
2 Jordan was relieved when she finally **broke into** the music business. .....
3 When you're flying a model aeroplane, the important thing is not to **crash into** anything! .....
4 The council have **entered into** discussions on building a new sports centre in town. .....
5 To access the online games network, **key** your username and password **into** the box below. .....
6 Think carefully before you **rush into** such a long-term agreement. .....
7 Kelly **launched into** a detailed account of her plans for the summer. .....
8 Pete is always taking up new hobbies and he really **throws** himself **into** them. .....

Phrases, patterns and collocations

I **One word in each sentence is incorrect. Underline the incorrect word and write the correct word.**

1 It's the boss's birthday next Wednesday, and there's a rumour we might be taken the day off. .....
2 I know you'd rather I took up a sport, but it's not your choice to do. .....
3 Some of the courses are compulsory, so we can't just pick and select whatever we like. .....

LIVEWORKSHEETS

4 If you won't give me a pay rise, then I shall have to think my options. .....
5 The council said they had no option apart to close the sports centre. .....
6 Angela travels a lot and is only very eager to experience new places. .....
7 Jake's been practising as mad to impress the others in the band. .....
8 I can't believe the judge just let the accused be free like that. .....
9 I've decided in favour for joining the local swimming team. .....
10 You should plan things more carefully and not just act with impulse all the time. .....

J **Circle the correct word.**

The future of leisure

There is no doubt technology and shorter working hours have (**1**) **got / let / set** people free to enjoy their leisure time more than ever before. Many people (**2**) **do / have / make** the leisure to pursue hobbies and other activities they (**3**) **like / prefer / want** to the work routine. What leisure activities will people (**4**) **choose / decide / opt** for in the future?

We can expect to see increased personal (**5**) **choice / decision / option**. The range of leisure (**6**) **actions / hobbies / pursuits** will expand and people will have the (**7**) **decision / option / preference** of following up an interest in almost any activity. Whether at home or at (**8**) **enjoyment / leisure / relaxation** centres, there will be an ever-increasing need to provide for people at (**9**) **play / recreation / rest**. If the future is not one of increased leisure, then it won't be for (**10**) **need / desire / want** of demand.

K **For each question, write one word which can be used in all three sentences.**

1 To our ..... , the boss said that we could have an extra day off work.
Martin always takes great ..... in talking to anyone about fishing.
When Erin finally started to move downhill on the skis for the first time, she laughed in ..... .

2 It's important that people feel they can exercise ..... over their leisure activities.
Your fee is so late that I'm afraid we have no ..... but to cancel your membership.
The college offers a wide ..... of evening and weekend classes.

3 The local council should start a building programme to meet the ..... for leisure facilities.
The Mayor said he had no ..... of advice from people who didn't understand the situation.
This area is badly in ..... of financial investment.

4 I had dried frog when I was in Korea, and I would describe the ..... as unforgettable.
I thought that what you said to Erica was in very bad ..... .
You might not like sushi the first time you try it – it's a bit of an acquired ..... .

5 We're quite ..... for our son to go to Cambridge University when he finishes school.
I enjoy team sports, like basketball and volleyball, and I'm especially ..... on football.
My parents have always taken a ..... interest in my hobbies.

6 I was a bit of a loner when I was younger and I spent a lot of time ..... by myself.
The government has been accused of ..... for time because it doesn't know what to do.
Liam never learnt to read music, but he's capable of ..... practically anything by ear.

7 The headmaster was full of ..... for the school cricket team, who had won six matches in a row.
The police officers involved deserve ..... for their bravery in such a difficult situation.
If I read one more newspaper editorial in ..... of the Prime Minister I shall scream.

8 When we finally made it out of the forest, we decided to ..... before moving on.
Just ..... your bike against the gate and come inside.
You can ..... assured that I will not stop until I find the person who damaged the school gym.

LIVEWORKSHEETS

Idioms

L Complete using the words in the box.

batteries • end • feet • hair • heart • party • potato • spice • time • whim

1 'Oh! I'm exhausted! I've been doing housework all day.'
'Come and put your ..... up for five minutes and I'll make a cup of tea.'

2 'Do you fancy going to that new jazz club in town?'
'Yes, let's go and let our ..... down a bit, shall we?'

3 'Jamie is so much fun!'
'Yes, he really is the life and soul of the ..... .'

4 'You're not changing jobs again already, are you?'
'Well, they do say that variety is the ..... of life.'

5 'Roger wasn't pleased to get rejected by the team, was he?'
'No. He really had his ..... set on playing for them.'

6 'You look a bit bored.'
'Well, I've been at a loose ..... since I finished the book I was reading.'

7 'You weren't planning to go to Singapore on holiday, were you?'
'No. I got to the travel agent's and just decided to go there on a ..... .'

8 'I can't believe you built the Eiffel Tower out of matchsticks!'
'I guess I must have had a lot of ..... on my hands.'

9 'Does Jenny ever move from in front of the TV?'
'I think she's in danger of becoming a bit of a couch ..... .'

10 'You've got a great suntan!'
'I went away for a few days to recharge my ..... .'

Word formation

M Complete the sentences by changing the form of the word in capitals.

1 The cricket ground and the theatre make this a very ..... area to live in. **DESIRE**
2 My family have always gone in for traditional country ..... , such as hunting, shooting and fishing. **PURSUE**
3 What I like about Stravinsky's music is the ..... complexity, which has a powerful effect on the listener. **RHYTHM**
4 After ten matches, we had the ..... record of played ten, won none, lost ten. **ENVY**
5 I know you'd rather take your holiday in August, but when the boss is offering you extra days off, I don't think you can afford to be so ..... . **CHOOSE**
6 You don't need to be quite so ..... in your work, and you might find you enjoy it more if you take a little time off. **ZEAL**
7 You don't have time to do all the sports you'd like to, so you're going to have to be a bit ..... . **SELECT**
8 After dinner, we went for a ..... stroll along the seafront. **LEISURE**
9 We're only two weeks into the school holidays and already my children are ..... . **REST**
10 I don't mind Annabel spending time on her computer, but playing this latest game has become almost an ..... . **OBSESS**

LIVEWORKSHEETS

N **Write a word formed from the words in the box in each gap.**

available • do • motive • play • prefer • relax • satisfy • sport • stimulate • tend

Get Active with Marlston Council

As a local resident, you may already be aware of Marlston Council's '*Get Active*' campaign. We'd like to take this opportunity to remind you of the campaign and to give you some simple tips to help you and your family get active.

* It's impossible to (**1**) ..... the importance of getting active as a family. We all have a (**2**) ..... to start off with good intentions and then lose our (**3**) ..... . Playing and exercising together as a family can help you through those moments when you are (**4**) ..... with your progress.
* Don't (**5**) ..... it. Start with gentle exercise and work up to something more strenuous. Whatever your (**6**) ..... activity, make sure that you're all comfortable doing it at that level. If necessary, switch to a more (**7**) ..... activity until you're all in better shape.
* Children these days get a lot of (**8**) ..... from the fast-moving worlds of television, the Internet and computer games. Make sure you find an activity that they'll find fun. Contact Marlston Council to find out about the (**9**) ..... of facilities where you live.
* Playing a sport together will teach your children about fair play, (**10**) ..... and working with others. But remember that it has to be fun or they'll soon lose interest.

For further information, contact Marlston Council and ask to speak to someone from the '*Get Active*' campaign.

O **Some verbs form nouns using *-ence*, as in *preference*. Some form nouns using *-ance*. Put nouns formed from the following words in the correct category.**

accept	attend	differ	ignore	occur	rely
allow	avoid	disturb	inherit	perform	resemble
annoy	clear	endure	insist	persist	resist
appear	correspond	exist	insure	reassure	tolerate
assist	depend	guide	interfere	refer	utter

-ance	*-ence*

P **Complete the sentences using words formed in exercise O.**

1 Do you think you could help me? I'm having real problems with this and I think I need some ..... .
2 There's such a close ..... between Mikey and his father, don't you think?
3 I use the Internet quite a bit now for looking up information and I don't really use the ..... books on my shelves.
4 The head teacher was walking past the classroom door when she heard a loud ..... coming from inside.
5 You need to be really fit to be able to complete an ..... race like the marathon.
6 You might feel like giving up, but keep practising and you'll be amazed at what a little ..... can achieve.
7 This football team has a proud tradition and has been in ..... since 1890.
8 There was a lot of ..... from local people to the government's plans to knock down the stadium.

LIVEWORKSHEETS