

# > Unit 1: Sports and free time

## Vocabulary focus: Sports and free time

1 Here are the definitions of **ten** words from Unit 1 in the Coursebook. Use the definitions to work out the words. The first letter of each word is given to help you.

- |   |                                       |             |
|---|---------------------------------------|-------------|
| a | age group                             | g _ _ _ _ _ |
| b | a decision to definitely do something | p _ _ _ _   |
| c | encourage and motivate                | i _ _ _ _   |
| d | experiencing in a negative way        | s _ _ _ _   |
| e | a group                               | a _ _ _ _ _ |
| f | having made a definite decision       | d _ _ _ _   |
| g | personal control                      | d _ _ _ _   |
| h | not known to you                      | u _ _ _ _   |
| i | someone you play against in sport     | o _ _ _ _   |
| j | changes of position                   | m _ _ _ _   |

2 Complete sentences a–i using the words from Activity 1.

- a For those of you who are ..... with squash, it is not like tennis or badminton.
- b The aim of the game is to hit the ball in such a way that your ..... cannot return it.
- c I went from playing squash for fun to becoming a force on the court after ..... several defeats.
- d I was ..... to get better.
- e I made a ..... to myself that I would keep trying to improve.
- f This pushed me into learning particular ..... and the finer techniques of the game.