

› Unit 1: Sports and free time

Vocabulary focus: Sports and free time

1 Here are the definitions of **ten** words from Unit 1 in the Coursebook. Use the definitions to work out the words. The first letter of each word is given to help you.

a age group	g _____
b a decision to definitely do something	p _____
c encourage and motivate	i _____
d experiencing in a negative way	s _____
e a group	a _____
f having made a definite decision	d _____
g personal control	d _____
h not known to you	u _____
i someone you play against in sport	o _____
j changes of position	m _____

2 Complete sentences a–i using the words from Activity 1.

a For those of you who are with squash, it is not like tennis or badminton.

b The aim of the game is to hit the ball in such a way that your cannot return it.

c I went from playing squash for fun to becoming a force on the court after several defeats.

d I was to get better.

e I made a to myself that I would keep trying to improve.

f This pushed me into learning particular and the finer techniques of the game.