Unit 1: Sports and free time

Vocabulary focus: Sports and free time

1 Here are the definitions of **ten** words from Unit 1 in the Coursebook. Use the definitions to work out the words. The first letter of each word is given to help you.

a	age group	g _ _ _ _ _ _ _ _ _
b	a decision to definitely do something	p _ _ _ _ _ _
c	encourage and motivate	i _ _ _ _ _ _
d	experiencing in a negative way	s _ _ _ _ _ _ _ _
e	a group	a _ _ _ _ _ _ _ _ _ _
f	having made a definite decision	d _ _ _ _ _ _ _ _
g	personal control	d _ _ _ _ _ _ _ _ _
h	not known to you	u _ _ _ _ _ _ _ _
i	someone you play against in sport	o _ _ _ _ _ _ _
j	changes of position	m _ _ _ _ _ _ _ _

2 Complete sentences a–i using the words from Activity 1.

a For those of you who are ..... with squash, it is not like tennis or badminton.

b The aim of the game is to hit the ball in such a way that your

..... cannot return it.

c I went from playing squash for fun to becoming a force on the court after

..... several defeats.

d I was ..... to get better.

e I made a ..... to myself that I would keep trying to improve.

f This pushed me into learning particular ..... and the finer techniques of the game.

LIVEWORKSHEETS