

# DISCUSSION QUESTIONS

Choose if you should use [while or during] and then answer the question! :)

1 What do you like to eat ☐ ☐ watching a movie?

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2 Does your mind ever wander ☐ ☐ a conversation? Have you ever missed some important information?

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3 ☐ ☐ a workout, how do you stay motivated to keep going?

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4 Do you have more energy ☐ ☐ the day or ☐ ☐ the night?

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5 ☐ ☐ you are on a train or bus, how do you pass the time?

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☐ ☐ the night, how often do you wake up?

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7

☐ ☐ you are swimming, do you ever think about sharks?

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8

Can you listen to music ☐ ☐ working? Or does it break your concentration?

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9

Which subject did you most enjoy ☐ ☐ you were at school?

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10

What kinds of thoughts go through your mind ☐ ☐ you are trying to get to sleep?

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