Using Empathy

❖ Someone called Kylie a bad name.

How do you think she is feeling? _____

Have you ever felt this way before? YES NO

When? _____

When you felt this way, what helped you feel better? _____

_____

What do you think you can say or do to help Kylie feel better?

_____

❖ Luanne broke the lamp while throwing the ball in the house.

How do you think she is feeling? _____

Have you ever felt this way before? YES NO

When? _____

When you felt this way, what helped you feel better? _____

_____

What do you think you can say or do to help Luanne feel better?

_____

❖ It's John's first day at his new school and he has no friends yet.

How do you think he is feeling? _____

Have you ever felt this way before? YES NO

When? _____

When you felt this way, what helped you feel better? _____

_____

What do you think you can say or do to help John feel better?

_____

LIVEWORKSHEETS