

Sports Day

My name's Emma and I'm from Britain. My favourite day in the school year is Sports Day. Sports Day in Britain is lots of fun. Schools usually have Sports Day in the summer, near the end of the school year, because the weather is warm and sunny then. Children run races and try to win prizes or trophies. There is often a skipping race, a sack race (children stand in a sack and jump along the race track), or a three-legged race (children run in pairs, with the left leg of one runner strapped to the right leg of the other runner). Children's parents come to watch Sports Day. Sometimes there are races for mums and dads, too. Everyone has a great time.



Hi. I'm Takumi. I love Sports Day, too. In Japan, we have Sports Day in the autumn or spring, because the weather is cooler then. It's too hot to run races in the summer in Japan. We don't have any lessons for a week before Sports Day. We practise our races and events on the school field every day. The teachers always make sure that we drink lots of water, because we get hot from all the exercise. There is a big rehearsal on the day before Sports Day, to make sure that everything will go well on the actual day. We usually have Sports Day on a Sunday. The school band plays music and we all run races and take part in competitions. It's a wonderful day and we all enjoy it.



5 Listen and read. 148

6 Answer the questions.

- 1 Why do Japanese schools have Sports Days in autumn?
- 2 Why do British schools have Sports Days in summer?
- 3 What do Japanese children do the week before the Sports Day?
- 4 Do you have Sports Day at your school?
- 5 Who is your favourite teacher? Why?