Adjectives with -ing or -ed.

1. Complete the chart:

Verb	to tire	to amuse	to embarrass	to frighten
It is …	*tiring*			
I feel …	*tired*			

Verb	to annoy	to excite	to surprise	to bore
It is …				
I feel …				

2. Choose the right options:

a) He's a *very interesting/ interested* man. He's travelled all around the world.

b) I am *interesting/ interested* in learning Chinese because I want to work in China.

c) I am very *tiring/ tired*. I had to help my father all day.

d) My mother was *amazing/ amazed*. I got 100% in my math exam.

e) I was *boring/ bored* today. My lessons were not fun.

f) am so *relaxing/ relaxed* that I don't want to move.

g) I find horror films really *frightened / frightening* and not at all fun to watch.

h) Cleaning is so *tired / tiring* ! I think I'll have a rest.

i) I was really *surprised / surprising* when I saw you. I had thought you were on holiday.

j) I feel *embarrassing/ embarrassed* when I need to ask for help.

LIVEWORKSHEETS