

## 1 VOCABULARY health and the body

a Order the letters to make words that complete the sentences.

- 1 A dentist looks after your (tceeh) **teeth**.
- 2 Exercise helps to keep your (esslcum) **strong**.
- 3 Doing exercise every day can cut the risk of a (earth) **attack**.
- 4 Drinking a lot of alcohol is bad for your (viler) **liver**.
- 5 You can lose a lot of (dobol) **blood** if you cut your hand badly.
- 6 If you have a skiing accident, you can easily break a (nobe) **bone**.

b Complete the sentences with a word from a. Use plurals where necessary.

## FASCINATING FACTS

1 Most parts of your body can repair themselves, but your **liver** can't.



2 Your **liver** cleans your body of alcohol and caffeine.



3 The **muscles** in your legs are very strong.



4 You use 17 **muscles** in your face when you smile.



5 In an average lifetime, your **heart** beats 2.5 billion times.



6 There are about 5 litres of **blood** in an adult body.

