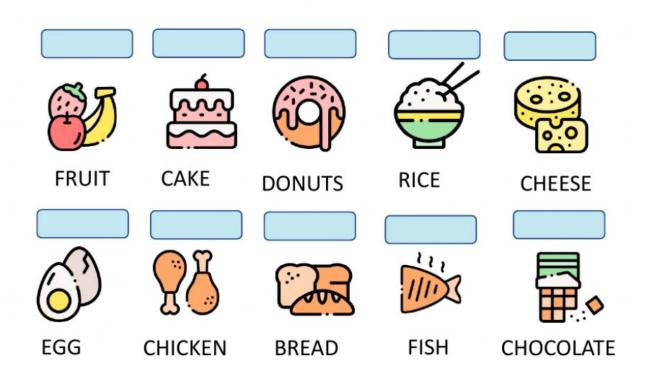
## MEALTHY COMES FIRST! ;

1. WHEN CAN YOU EAT THIS TYPE OF FOOD?.



2. COMPLETE THE SENTENCES WITH THE FOLLOWINGS WORDS.

TEN SPORTS BEFORE HANDS TEETH

- We must sleep around hours a day.
- We must practise regularly.

## 3. WRITE THE CORRECT ANSWER.





- SUGAR, FRESH MILK, PIECES
  OF FRUIT, BANANA
  FLAVOUR AND LACTIC
  FERMENTS.
- 2. MARCH 29, 2021
- 3. COLD (1 TO 8°C)

## 4. WHAT FOODS CAN WE EAT?













**EVERYDAY** 

3 TO 5 TIMES A WEEK

**VERY LITTLE** 

## 5. NAME THE FOLLOWINGS HEALTHY HABITS .









