mature		to succeed in dealing with or controlling a problem that has been preventing you from achieving smth;
appreciating		grown up, sensible
unbearable		the ability to do something well
anxious		to behave towards someone or something in a particular way
to overcome		too unpleasant, painful, or annoying to deal with
to cope with		to make an action or a process possible or easier;
a skill		to deal successfully with something difficult;
to loathe		to hate, to detest
to affect		worried about something
to treat		to influence
to facilitate		to make it possible for somebody to do something;
to enable		seeing the good side of something, welcoming it;

LIVEWORKSHEETS

1. What is your attitude to studies? Do you enjoy or [ ] them?
2. What new [ ] have you learned at school?
3. Can you call yourself a [ ] student / pupil?
4. What [ ] your studies?
5. What activities [ ] both parts of your brain to work?
6. Do you have any methods to [ ] fear and [ ] it before tests?
7. What can the school do to [ ] the talents of all the pupils?
8. If you have a very difficult task to perform, do you try to [ ] with it yourself or you turn to others to help you?
9. Have you ever [ ] a real joy from studying?
10. Which of the following things [ ] your progress at school: your attitude to studies, your hard work, your talent?

LIVEWORKSHEETS

1. One of the reasons why children learn fast is because they are **having** / **getting** fun.

2. When we **have** / **experience** stress, it **affects** / **appreciates** us in different ways.

3. If you want to **improve** / **develop** your performance at school, you should understand what **facilitates** / **appreciates** your success in studies and how to **cope with** / **about** stress, boredom and tiredness.

4. I **treat** / **enable** my studies and the learning process as a way to my future, a path to my future occupation.

5. While studying I am learning to **enable** / **appreciate** the opportunities that I get.

6. I would like to gain skills that could **enable** / **affect** me to learn faster and with fewer problems.

7. My teacher believes that if you can **overcome** / **undergo** your anxiety, you are a mature student.

LIVEWORKSHEETS