



SAN LORENZO RUIZ ELEMENTARY SCHOOL

MUSIC

Fill in the missing information about TEMPO.

	Tempo Mark	Meaning
A. Slow Tempo	Adagio	
	Largo	Broad, very slow
	Lento	Slowly
B.		Moderately slow
	Andantino	
		Moderate speed
C. Fast Tempo	Allegro	Fast, lively, and bright
		Very fast
	Vivace	
D.	Accelerando	Gradually speeding up
		Gradually slowing down
	A tempo	

Read each item carefully. Identify whether the song has monophonic, homophonic, or polyphonic texture based on the manner it is sung. Write your answer on your answer sheet.

11. The class is singing the song "Leron, Leron Sinta" in unison without any accompanying musical instrument.
12. A group of carolers is singing the song "Ang Pasko ay Sumapit" while playing some percussion instruments.
13. Some girls and boys are singing the song "Lupang Hinirang" in two voices and with accompaniment.
14. A group of pupils is singing the school's hymn in unison.
15. The pupils are singing their graduation song while the teacher is accompanying them on the piano using a variety of chords.

ARTS

Identify what is being described in each item. Choose the letter of the correct answer.

16. These are the building blocks of an artwork.

a. elements b. principles c. contemporary d. none of these

17. It is the lightness or darkness of a color.

a. hue b. texture c. tint d. value

18. It refers to the surface quality of an artwork that is usually perceived through the sense of touch.

a. form b. texture c. color d. line

19. It is a principle of design in which one element or a combination of elements create more attention than anything else in a composition.

a. rhythm b. contrast c. emphasis d. unity

20. These are the tools to plan and organize artwork.

a. elements b. principles c. contemporary d. none of these

Match each command/menu of a software application found in column A with its appropriate description in Column B. Write only the letter of your answer.

COLUMN A	COLUMN B
1. TRIM AND SPLIT	a. Known as SAVE and will lead you to the resolution and frame rate
2. MEDIA	b. Where you can find videos, pictures, and songs
3. LAYERS	c. Beautify the video using themes like travel, sentimental, 3D, powerful etc.
4. TRANSITION	d. Used if the media clip is too long
5. EXPORT	e. Can insert blur effects, texts, handwritings, and overlays or stickers

Read the statements below. Write TRUE if the statement is correct and FALSE if it is not.

26. Video recording is the process of recording moving images electronically.

27. Video clarity and quality are highly dependent on lighting.

28. Smartphone has a good quality in low light conditions.

29. The value used in video conveys a specific mood.

30. Light is used to show creativity in taking video.

P.E

Identify the skills described in each statement below. Choose your answer from the box.

Flexibility	Muscular Endurance	Reaction Time
Agility	Speed	Cardiorespiratory Endurance
Power	Muscular Strength	Balance
Speed		

_____31. The ability to rapidly and accurately change the direction of the body

_____32. The ability to react or respond quickly to what you hear, see, or feel.

_____33. It is a combination of both speed and muscular strength.

_____34. The amount of time it takes the body to perform specific tasks.

_____35. The ability to use the senses together with body parts to perform motor tasks smoothly and accurately

_____36. The ability to control or stabilize the body when a person is standing still or moving.

_____37. The ability of the heart, blood, blood vessels, and lungs to supply oxygen to the muscles during long periods of physical activity.

_____38. The ability of a muscle or muscles to push or pull with its total force.

_____39. The ability of the muscles to repeat a movement many times or hold a position without stopping to rest

_____40. The muscles' ability to move a joint through a full range of motion.

Arrange the jumbled letters in column A which is associated with the pictures in column B.

Column A	Column B
41. GNTRISKI 42. NOITCOORDIAN 43. EESPD 44. Y TALIGI 45. ICKKABLL	 https://www.google.com/search?q=kickball+images+free&tbm=isch&ved https://www.google.com/search?q=baseball+clipart&tbm=isch&hl=en-PH&chips=q

HEALTH

Read the following statements carefully. Then, choose the correct answer and write it on your answer sheet.

46. The following are the benefits of a wise consumer, EXCEPT;

- A. Knows his and her rights and responsibilities.
- B. Saves money.
- C. Rights to choose.

47. Every consumer has the right to live and work in an environment that is neither threatening nor dangerous and permits a life of dignity and well-being. It is the right to _____.

- A. representation
- B. consumer education
- C. basic needs

48. The right to choose is _____.

- A. selecting from a wide variety of health products and services offered
- B. receiving factual information based on scientific and medical findings

C. expressing consumer interests in the formulation and execution

49. Any person who inquires, buys, and receives health information, products, and services is a _____.

A. wise Consumer

B. health Consumer

C. rightful Consumer

50. The consumer has the right to demand compensation for misinterpretation and sub-standard and unsatisfactory products and services.

A. The right to representation.

B. The right to a healthy environment.

C. The right to redress.

Identify the part of the prescription medicine referred to by each statement. Write your answer on your answer sheet.

_____ 51. It is the specific amount or quantity of medicine that should be taken in the body for a given time.

_____ 52. It indicates the date the medicine was given or advised by the doctor for the patient to take.

_____ 53. It is found on top of the prescription.

_____ 54. It is written either in its generic name or in its commercial name or both.

_____ 55. It is the number of times the medicine should be taken following the dosage at a given time.

Match the medicines in column A with their uses in column B. Write the letter of your answer on your answer sheet.

A

antacid
analgesic
laxative
antibiotics
stimulants

B

a. regulates bowel movement
b. destroys pathogens
c. stimulates central nervous system
d. lowers acid levels in the stomach
e. relieves pain
f. lowers blood pressure