

# FITNESS WEEK LISTENING



You will hear an announcement at a fitness center. Listen and write one or two words or a number or a date or a time.

Anyone who would like to become healthier and learn new things should (1) \_\_\_\_\_ for this course.

All new members must have with them trainers, a tracksuit, shorts and T-shirts as well as a/an (2) \_\_\_\_\_.

After answering some questions, specific targets will be set according to the member's (3) \_\_\_\_\_.

Every morning a/an (4) \_\_\_\_\_ will keep an eye on new members exercising.

At the end of the week, members will be told (5) \_\_\_\_\_ so as not to gain back the weight they've lost.

For the next 48 hours, there's a sale on: you can pay (6) £ \_\_\_\_\_ for 7 days.

