

Physical bullying	Behaviour
PHYSICAL 	
Verbal bullying	
VERBAL 	
Social bullying	
SOCIAL 	
Not bullying	
	

Behaviour cards

regularly hitting or punching someone	spreading rumours or lies about someone	not liking someone who is in your group
tripping or shoving someone whenever they go past	teasing someone for not being good at sport	constantly teasing a girl for being good at sport
stealing/demanding someone's belongings	teasing someone for being good at school or maths	fighting about who gets to sit where at school
threatening online to hurt someone in person	standing over someone to make them afraid they will be hurt	making fun of someone to others, like 'here comes the weirdo again
damaging or breaking someone's property, uniform, school things	being rude to someone one time, but then you realise that's not okay	constantly teasing a boy for being gentle with others
continually picking on someone and trying to make them feel bad	trying to stop someone from joining in with a group	being angry at someone who has taken your things
tagging inappropriate or unflattering images online	trying to make others not like someone	not sharing your belongings with someone
saying or doing lots of mean things to upset someone	saying mean or humiliating things about someone	saying you disagree with someone's comment online
sending nasty messages to someone online	sending inappropriate images to someone online	pushing someone around on the bus most afternoons
making fun of how someone looks or what they wear	calling someone names	joking with someone that they always forget their belongings