SUGAR RUSH, SALTY HUSH:

SPEAKING : **Look at these two groups of food and decide which group you like the most. Give your reasons.**





SUGAR FOR SUGAR, SALT FOR SALT!



In English there is a saying: sugar for sugar, salt for salt meaning "if you are nice and sweet I will be nice and sweet with you but if you don't, then I won't". Now, in a more literal sense, let's think about our eating habits: Are you more of a sweet tooth or have you got those carves for carbs?

Answer some questions as regards the quantity of sugar or salt each food has. Use quantifiers!



How much salt is there in a piece of bread?

.....



How much sugar is there in dark chocolate?

.....



How much salt is there in a french fries scoop?

.....



How much sugar is there in an apple?

.....



How much salt is there in pasta?

.....



How much sugar is there in a can of soda?

.....



How much salt is there in a slice of pizza?

.....



How much sugar is there in a chocolate cupcake?

.....

LIVEWORKSHEETS

REAL TALK!

Read the following conversation of two friends deciding where to eat out. Pay attention t pronounciation and intonation of questions and statements using the tips given by th teacher.



What do you want to do tonight?
I don't know. I'm bored sitting indoors.
How about going out for something to eat?
I don't know. What do you want - Chinese, Indian or Thai?
Let's go somewhere different. For a change, why don't we eat some normal English food.
What is normal English food then?
Well, fish and chips for instance.
No, I don't want to eat a lot of fried food.
How about traditional roast beef and roast potatoes?
We have that every time we visit your mother! I want something different from that.
Then what do you suggest? You know my favourite food is curry.
Well, it's not mine! It's always too hot and spicy. I only go to the Indian because you like it.
It's only hot because you always choose the hottest dish. We could go to the Chinese if you want.
They always serve the dishes cold! I hate it!
Well that just leaves the Thai restaurant.
Too much sushi – I hate it, too. Who eats raw fish?
Is there anything you do like?
I like pizza.
And you say I am boring!
OK, OK, you choose where we go. I don't mind.
What about going to MacDonald's?
That's a good idea. Nice and cheap. I don't have much money anyway.
What a surprise...



Have a look at the conversation again and find:



1. the opposite of outdoors: .....
2. nationalities: .....
3. a synonym of "for example": .....
4. a synonym of spicy: .....
5. past form of modal verb can: .....
6. a quantifier: .....

Read the following list of words and decide if you need to ask: *How much?* or *How many?*

1. people: .....
2. tables: .....
3. money: .....
4. time: .....
5. bottles: .....
6. dollars: .....
7. hours: .....

LIVEWORKSHEETS