

NAME: _____ CARNÉ: _____

Vocabulary Resolutions page 93

1  1.6 Write the phrases under the headings. Listen and check.

- | | |
|-----------------------|-----------------------------|
| 1 be (more) organized | 9 improve your relationship |
| 2 buy (a car) | 10 join a gym |
| 3 get (more) exercise | 11 lose weight |
| 4 earn (more) money | 12 make (new) friends |
| 5 get a (new) job | 13 meet someone new |
| 6 get in shape | 14 run a marathon |
| 7 have an interview | 15 save (more) money |
| 8 improve your diet | |



health

_____	_____
_____	_____
_____	_____



money



work and study



relationships

SPEAKING PRACTICE

What is your resolution for this year?

I want to(lose weight)

Text builder *because and so*

We use *because* to give a reason:

I didn't enjoy it at first because I missed my friends.

We use *so* to give a result:

The lessons were really easy for me, so my parents decided to teach me at home.

Reading page 8

get in shape save money improve your diet get a new job be more organized

Apps

TO CHANGE YOUR LIFE

On January 1st every year, millions of us make New Year's resolutions – things that we want to change in our lives.

But only 8% of us are successful! Here are some top apps that can help you keep your resolutions.





MYWELLNESS
This app encourages you to ¹ _____. If you join a gym and scan the code on the machines, it records all the exercise that you get. It also helps you plan your exercise goals.



ALLRECIPES
You can get bored eating the same food every day. You tell Allrecipes what's in your cabinets and fridge, and it gives you some new and healthy recipes. It's a great way to ² _____.



TOSHL FINANCE
This app teaches people to ³ _____. It shows you how you spend your money and gives you ideas about how to save.



EVERNOTE
This is a great planning app for students who want to ⁴ _____. It organizes your study plans and gives you to-do lists. It can help you get good grades and pass exams.



SWITCH
This app can encourage you to ⁵ _____. If you see a job you like, you can contact the company. They see your profile but not your name, so you can keep it a secret from your manager!

What are your favorite apps?
They are Spotify and Pluto TV

Grammar page 77

1C Verb patterns: verb + infinitive

When we use two verbs together, we need to use the right form for the second verb.

We use an infinitive after some verbs. These verbs often (but not always) refer to plans for the future.



We want	to	go to the movies tonight.
I hope		see you tomorrow.
We're planning		move next year.
She'd like		visit the U.S.
My parents need		buy a new car.
I intend		join a gym.

Other verbs that are followed by an infinitive are: *begin, choose, continue, agree, decide, learn, prefer, offer, start*.

Look! The verbs *begin* and *start* can be followed by an infinitive or the *-ing* form. The meaning is the same.

I began learning English when I was five. / I began to learn English when I was five.
The bus didn't come, so we started walking home. / The bus didn't come, so we started to walk home.

The full form of 'd like is *would like*. It means the same as *want*, but it is more polite.

I'd like to see your house.

Would you like to come on vacation with me?

We can also say 'd love/would love + infinitive.

I'd love to go to Australia one day.

Would you like to go to the beach today? Yes, I'd love to!

Look! We use both an infinitive and the *-ing* form after *like* and *love*. The meaning is different from 'd like / 'd love.

We like to travel/traveling. We'd like to go to Australia next year.

I love to play/playing soccer. I'd love to play for Real Madrid one day.

- 1 Complete the sentences with the infinitive of the verbs in the box.

check get start run lose make pass talk

- 1 I'm learning _____ jewelry.
- 2 She's planning _____ classes this fall.
- 3 Did he agree _____ to you about it?
- 4 Emilio wants _____ weight.
- 5 I need _____ my e-mails.
- 6 Lisa is planning _____ in shape this summer.
- 7 They decided _____ a marathon.
- 8 I hope _____ my exams this term.

- 2 Choose one or both options to complete the sentences.

- 1 He really doesn't like *to cook* / *cooking*.
- 2 I'd like *to change* / *changing* my diet.
- 3 Do you like *to play* / *playing* sports?
- 4 She'd love *to spend* / *spending* more time with her grandchildren.
- 5 I like *to earn* / *earning* lots of money.
- 6 Would you like *to make* / *making* some new friends?
- 7 He'd love *to go* / *going* to college.