

Planning and Reviewing Learning

Be able to review own progress and achievements

3.1 Identify what you have learned, and state how you have learned

Think about this year at college. Fill in the table with some new vocabulary you have learned:

3 new adjectives you have learned	3 new verbs you have learned	3 new nouns you have learned

What else have you learned this year? Write three things

Think about grammar, social skills, job skills etc...

How did you learn best?

Think about the four different ways of learning that you researched: Visual, Auditory, reading and writing and Kinaesthetic.

3.2 State what went well and what went less well in your learning this year

Three things that went well	Three things that went less well
Example: I studied hard and passed my reading exam.	Example: My attendance wasn't as good as it should have been. I didn't commit enough to the course.

3.3 Identify targets you have met and describe own achievements

What targets did you set for yourself this year? Which have you met? Describe how this has impacted you.

Target you set	Did you achieve this?	How has this impacted you
Example: To pass my speaking and listening exam at Level 1	yes	It has allowed me to progress onto my reading, and writing exams and gives me a better chance at going to university