Directions: Choose the best answer from the choices given below after each sentence.

1. Protection of cleaners against contamination during cleaning process.
   a. Plastic gloves
   b. Goggles
   c. Face Mask
   d. Apron
2. A kind of isolation that is used for diseases that are spread through particles that are exhaled.
   a. Strict Isolation
   b. Reverse Isolation
   c. Contact Isolation
   d. Respiratory Isolation
3. It is otherwise known as Philippine Clean Air Act.
   a. RA 8749
   b. RA 7849
   c. RA 4978
   d. RA 9874
4. It is the shaking and vibration at the surface of the earth resulting from underground movement along a fault plane or from volcanic activity.
   a. Shaking
   b. Earthquake
   c. Vibration
   d. Volcanic Eruption
5. It is the provision of initial care for an illness or injury. It is usually performed by non-expert, but trained personnel to a sick or injured person until definitive medical treatment can be accessed.
   a. Sudden Aid
   b. First Aid
   c. Emergency Aid
   d. Urgent Aid
6. The following are the general Directions for First Aid **EXCEPT**:
   a. Give immediate action
   b. Plan action to be taken
   c. Assess the situation
   d. Don't panic
7. A good first aider must possess the following characteristics **EXCEPT**:
   a. Gladsome
   b. Watchful
   c. Gentle
   d. Fast

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8. During the Earthquake observed the following **EXCEPT**:
   a. Run
   b. Hold on
   c. Drop
   d. Cover
9. After the Earthquake observed the following **EXCEPT**:
   a. Expect aftershocks
   b. Remember to help your neighbors
   c. Check yourself for injuries
   d. Market for basic needs
10. After the Earthquake at home observed the following **EXCEPT**:
   a. Inspect your home for damage
   b. Electricity: Look for electrical system damage
   c. Gas: Check for gas leaks
   d. Inspect your neighbor's home
11. Protection against dust, awful odor, and harmful substance.
   a. Plastic gloves
   b. Goggles
   c. Face Mask
   d. Apron
12. Serve as eye protection when handling dangerous chemical while cleaning.
   a. Plastic gloves
   b. Goggles
   c. Face Mask
   d. Apron
13. Elements of the discarded item are used again.
   a. Reduce
   b. Reuse
   c. Recover
   d. Recycle
14. Fire drills are conducted at the frequencies specified by the Fire Code and involved all of the following activities **EXCEPT**:
   a. Fire alarm
   b. Shouting aloud
   c. Supervisory staff operates emergency systems
   d. occupant's participation is taken into account
15. This refers to precautions that are taken to prevent or reduce the likelihood of a fire that may result in death, injury, or property damage.
   a. Fire Safety
   b. Earthquake
   c. Fire Drill
   d. Earthquake Drill

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