

Directions: Choose the best answer from the choices given below after each sentence.

1. Protection of cleaners against contamination during cleaning process.
 - a. Plastic gloves
 - b. Goggles
 - c. Face Mask
 - d. Apron
2. A kind of isolation that is used for diseases that are spread through particles that are exhaled.
 - a. Strict Isolation
 - b. Reverse Isolation
 - c. Contact Isolation
 - d. Respiratory Isolation
3. It is otherwise known as Philippine Clean Air Act.
 - a. RA 8749
 - b. RA 7849
 - c. RA 4978
 - d. RA 9874
4. It is the shaking and vibration at the surface of the earth resulting from underground movement along a fault plane or from volcanic activity.
 - a. Shaking
 - b. Earthquake
 - c. Vibration
 - d. Volcanic Eruption
5. It is the provision of initial care for an illness or injury. It is usually performed by non-expert, but trained personnel to a sick or injured person until definitive medical treatment can be accessed.
 - a. Sudden Aid
 - b. First Aid
 - c. Emergency Aid
 - d. Urgent Aid
6. The following are the general Directions for First Aid **EXCEPT**:
 - a. Give immediate action
 - b. Plan action to be taken
 - c. Assess the situation
 - d. Don't panic
7. A good first aider must possess the following characteristics **EXCEPT**:
 - a. Gladsome
 - b. Watchful
 - c. Gentle
 - d. Fast

8. During the Earthquake observed the following **EXCEPT**:
- Run
 - Hold on
 - Drop
 - Cover
9. After the Earthquake observed the following **EXCEPT**:
- Expect aftershocks
 - Remember to help your neighbors
 - Check yourself for injuries
 - Market for basic needs
10. After the Earthquake at home observed the following **EXCEPT**:
- Inspect your home for damage
 - Electricity: Look for electrical system damage
 - Gas: Check for gas leaks
 - Inspect your neighbor's home
11. Protection against dust, awful odor, and harmful substance.
- Plastic gloves
 - Goggles
 - Face Mask
 - Apron
12. Serve as eye protection when handling dangerous chemical while cleaning.
- Plastic gloves
 - Goggles
 - Face Mask
 - Apron
13. Elements of the discarded item are used again.
- Reduce
 - Reuse
 - Recover
 - Recycle
14. Fire drills are conducted at the frequencies specified by the Fire Code and involved all of the following activities **EXCEPT**:
- Fire alarm
 - Shouting aloud
 - Supervisory staff operates emergency systems
 - occupant's participation is taken into account
15. This refers to precautions that are taken to prevent or reduce the likelihood of a fire that may result in death, injury, or property damage.
- Fire Safety
 - Earthquake
 - Fire Drill
 - Earthquake Drill