

Mini Test Practice: PRESENT CONTINUOUS vs SIMPLE PRESENT

A) Complete the text with the correct form of the Present Simple or the Present Continuous. Pay attention to the helping words!



This is Usain Bolt. He \_\_\_\_\_ (be) an athlete who won medals in the 100-meters races. He \_\_\_\_\_ (be) 37 years old and his birthday is on August 21st. He \_\_\_\_\_ (like) running races, but he \_\_\_\_\_ (not like) losing. Every day, he \_\_\_\_\_ (wake) up early and \_\_\_\_\_ (have) a big breakfast. After that, he \_\_\_\_\_ (train) with his brother. They sometimes \_\_\_\_\_ (go) swimming two thousand meters, they \_\_\_\_\_ (not stop)! Today is Saturday, but Usain \_\_\_\_\_ (not run) with his brother, he \_\_\_\_\_ (go) to the gym.

In his free time, he often \_\_\_\_\_ (prefer) playing football with his friends. But tonight he \_\_\_\_\_ (watch) a movie with his sister.

B) Choose a verb from the box to complete the text and write it in Present Simple or Present Continuous.

run - go - have- eat - go - watch - play

Look! Usain and his brother \_\_\_\_\_ breakfast and \_\_\_\_\_ TV. He usually \_\_\_\_\_ to the gym and \_\_\_\_\_ in the afternoon. He sometimes \_\_\_\_\_ football with his friends and \_\_\_\_\_ to the cinema with his sister, but today he \_\_\_\_\_ dinner with his family.

C) Decide if the following sentences are in Present Simple (PS) or Present Continuous (PC). Write "PS" or "PC".

1- I always go to school by bus. \_\_\_\_\_

2- Sandren and Helen aren't playing hockey, they are studying for the test. \_\_\_\_\_

3- Listen! Jen and his boyfriend are watching a horror movie. \_\_\_\_\_

4- She doesn't like reading. \_\_\_\_\_