

2.3

LISTENING

Note completion

I can understand key phrases in a radio programme on a familiar topic.

- 1 SPEAKING** Do you like fast food? Why?/Why not?
- 2 1.45** Listen to Part 1 of a radio programme. What is it about?
 - 1 unhealthy fast food ☐
 - 2 healthy fast food recipes ☐
 - 3 a famous fast food chef ☐
- 3 1.46 SPEAKING** Look at the photo of the Spanish omelette and discuss what the main ingredients are. Then listen to Part 2 and check.

WORD STORE 2D Cooking verbs

- 4 1.47** Complete WORD STORE 2D with the verbs in the box. Then listen and check.
- 5** Work in pairs. How many different verbs can you use with each of these foods?
 - 1 eggs
 - 2 potatoes
 - 3 meat
 - 4 cheese

1 You can boil eggs. You can fry eggs ...
- 6 1.48** Look at the photo of the fruit pancakes. Read the recipe and try to complete it with a partner. Then listen to Part 3 and check.



Spanish omelette

EXAM FOCUS Note completion

- 7 1.49** Listen to the complete programme and complete the information with up to four words in each gap.
 - 1 The radio programme is called _____.
 - 2 The Spanish omelette recipe is for _____ people.
 - 3 Kate suggests we eat the omelette with _____.
 - 4 The presenter wants to know a healthy recipe for _____.
 - 5 Kate thinks it's a good idea to eat _____ with the pancakes.

- 8 SPEAKING** Which healthy fast food recipe from the programme would you like to try? Why?
- 9** Write the instructions for your favourite recipe.

PRONUNCIATION FOCUS

- 10 1.50** Listen and repeat.

/i:/	seat	feel	teen	heat	eat
/ɪ/	sit	fill	tin	hit	it
- 11 1.51** Listen and choose the word you hear.

1 a seat b sit	3 a teen b tin	5 a eat b it
2 a feel b fill	4 a heat b hit	

Fruit Pancakes

Ingredients

some fruit (bananas and strawberries)
1 cup of flour, 1 cup of milk,
1 egg, some oil

Instructions

- 1 Chop the fruit.
- 2 the flour, milk and egg together.
- 3 some oil into a pan.
- Put some of the mixture into the pan, make a pancake and 4 it on both sides.
- Take the pancake out of the pan.
- 5 fruit on top of the pancake.

**GOOD FOR
BREAKFAST,
LUNCH OR
DESSERT.**



Fruit pancakes