

4th Adol E - Unit 6 Exam- Optimise B1

1) Complete the sentences with the correct article (a, an or the). If no article is necessary, put a dash (-).

- 1- Has your brother got _____ university degree?
- 2- Did you know that _____ euro is the currency in Ireland?
- 3- I think _____ restaurants should have healthier options on the menu.
- 4- Tonight I have to do a search on _____ internet for my biology project
- 5- Could you give me _____ euro? I want to buy something from the drinks machine.
- 6- My sister hates _____ spiders, but I think they are quite interesting.
- 7- Did you see on _____ news last night that some mice were discovered in a bread shop?
- 8- When I finish university I want to travel to _____ US.
- 9- I used to have _____ MP3 player, but now I use my mobile for music.
- 10- I'm very tired after all that cooking. I think I'm going to go to _____ bed.

2) Choose the correct relative pronoun to complete the sentences.

- 1- Last year I went on a cooking summer camp **when /where** I learnt to cook.
- 2- My favourite cookery book, **which /that** is on Italian cooking, is full of interesting recipes.
- 3- The best meal **that /who** my dad cooks is spaghetti Bolognese.
- 4- Our cookery teacher, **which /whose** name is Marta, is from Córdoba.
- 5- Friday evening, **which /when** I get home from school, is my favourite time of the week.
- 6 Sun-dried tomatoes, **where /which** are from Italy, are delicious!
- 7- Is there a famous person **that /which** you would like to cook for?
- 8- My lunch, **which /that** my mother prepared, has disappeared.
- 9- Joan Roca, **who /whose** restaurant is one of the best in the world, studied cooking in France.
- 10- The restaurant **where /which** is closest to my house is Dan's Bistro.

3) Complete the text with words from the box. There are two words which you do not need to use

Bake barbecue boil fry microwave
roast salty sour spicy sweet

Origins of Cooking and Taste

Most modern families have a (1)_____ which can cook a meal in a few minutes. Just set the timer and 'ping', it's ready. But how did cooking begin? It's possible that early humans used to (2)_____ meat because they had smelt the flavour of cooked meat when an animal was burnt in a fire and decided to taste it. Maybe they preferred the taste. Later they put meat on sticks to cook. We still do this today when we have a (3)_____. When pots were invented humans would not only (4)_____ water, but cook food in the heated water. When oil was put in the pot humans could (5)_____ food. By the 4th century the Chinese had described five basic tastes: (6)_____, based around sugar; (7)_____, for example lemons or milk that has gone off; briny, from the sea; (8)_____, or hot, like chillies; and bitter, the taste that most people don't like, although coffee in the morning is very popular.

4) Complete the sentences with the correct alternative.

- 1- First, we need to chop the onion **down /up** into small pieces.
- 2- Before we can eat the cake we should let it cool **off /down** a bit.
- 3- I have decided to cut **down on /with** the amount of meat I eat.
- 4- My grandmother always tells me to eat **down /up** all the food on my plate.
- 5- Put the milk back in the fridge, Pippa! If you don't, it will go **off /down**.
- 6- Pizza again? I sometimes think we live **down /on** nothing but pizza in this family!

5) Choose the correct word to fill each gap.

The Big Breakfast

Do you know what the national (1)_____ of Britain is? Some people say fish and chips, others say it is a curry, but many say it's the full English breakfast. The full English breakfast includes meat, eggs, tomatoes, mushrooms, fried bread or toast with butter, and sausages. In fact, the one thing that almost all these things (2)_____ in common is that they are fried. This is why many people call this meal a 'fry-up'. This meal originated in the 13 century as a way for the people with land to show the (3)_____ world the (4)_____ variety of food they had. They (5)_____ this meal very seriously and if you could set (6)_____ in the kitchen you would see many cooks at work preparing meat and vegetables that came from the land of the owners. Today, we don't think of the full English breakfast as part of a healthy (7)_____. If you ate one every day you would probably

(8)_____ ill. But once in a while, it is something you can (9)_____ forward to. However, if you are trying not to put on weight and see a café serving a full English breakfast, you should walk very quickly in the (10) _____direction!

- 1) A dish B plate C menu D cooking
- 2) A take B make C have D share
- 3) A absolute B total C whole D complete
- 4) A full B big C deep D wide
- 5) A h a d B took C made D thought
- 6) A toe B step C foot D body
- 7) A habit B lifestyle C living D behaviour
- 8) A land B arrive C take D fall
- 9) A desire B look C hope D see
- 10) A forward B backward C next D opposite

Good luck! You've got this ;)

