VOCABULARY AND GRAMMAR

2 Complete the sentences with the correct form of the words in capitals.

1 In figure skating, constant _____ is the best way to learn difficult tricks. **REPEAT**
2 You can _____ your device by touching the screen and entering the password. **ACTIVE**
3 That runner has such a _____ start that he seems to take off like a racing car. **POWER**
4 You have to be _____ in a game like basketball because there is no time to stop and think. **DECIDE**
5 Athletes need to show _____ when they are recovering from injuries and defeat. **RESILIENT**
6 That player is so _____ that he won't go on the field without wearing his 'lucky' ring. **SUPERSTITION**

4 Choose the correct option.

1 I don't think my parents will let me *go / to go* to the rugby match on my own.
2 The doctor has advised me *give up / to give up* professional sport if I don't want to get injured seriously.
3 Tim tends *getting tired / to get tired* easily, so he has to be very active to keep in shape.
4 You really should stop *wasting / to waste* your time at table tennis practice.
5 Everyone at the stadium expected their team *winning / to win* the match.
6 I can't help *laughing / to laugh* when I see that video of me trying to learn to ski.

USE OF ENGLISH

5 Choose the correct answer, A, B or C, to complete both sentences in each pair.

1 Sarah and Lena _____ after their mother – they look the same and have similar personalities too.
James is always ready to _____ on a challenge. Now he is training to climb Mt Everest.
A go B take C come

2 Marcus was thrilled to get _____ the school swimming team after doing the trials three times.
We tried to talk my dad _____ coaching the rugby team, but he just didn't have time.
A about B out of C into

3 If you're tired of karate, maybe you should try _____ kickboxing. It's a lot of fun!
After hurting his knee, Brad dropped _____ of the long jump competition.
A out B off C on

4 I look _____ to famous athletes who help young people.
Darren picked _____ basketball while playing with his older brothers.
A around B out C up

5 Maria was excited to score the final _____ of the match.
It looked like a perfect shot, but he missed the _____ by centimetres.
A goal B mark C point

6 Learning about the risk of head injuries put Todd _____ American football completely.
Going to the gym is good, but you can burn _____ even more calories in a dance class.
A out B off C up

6 Choose the word or phrase, A, B or C, that has a similar meaning to the underlined words in each sentence.

1 In the end, Joanna didn't join the team, and Kim didn't either.
A either Joanna or Kim joined the team
B neither Joanna nor Kim joined the team
C Joanna joined the team but Kim didn't

2 If you ask me, golf is a very boring sport.
A I agree that B I'm sorry but C I think that

3 The athletes completed the 20-kilometre run and then they got ready for the swimming race.
A After the athletes had completed the 20-kilometre run,
B Before completing the 20-kilometre run,
C While the athletes were completing the 20-kilometre run,

4 I enjoy playing baseball and my sister enjoys it as well.
A so does my sister B nor does my sister
C so my sister does

5 The local football team coach tries not to talk to the press after his team loses a match.
A stops talking B refuses to talk C avoids talking

LIVEWORKSHEETS