

LEVEL3. LISTENING

Unit 4 Lesson 1. Use the words in the boxes to complete the text.

supply	require	risk	significant	manage
adequate	collects	resource	flows	amount

Everyone knows that all animals including human beings cannot live without oxygen. All the organs in our body 1. _____ oxygen to function properly. The circulatory system which includes our heart, blood, and arteries 2. _____ oxygen to different organs. Blood _____ through arteries and veins to every part of our body. The 4. _____ of oxygen needed by different organs varies according to their function. For example, a 5. _____ part of the oxygen that we breath in is used by our heart because it must pump blood all the time. If the heart does not get 6. _____ oxygen, it cannot work properly, and it may end in a heart attack. People who consume too much junk food 7. _____ their lives because it contains a lot of fat that makes our arteries narrow. It is very important to 8. _____ our diet carefully to avoid dangerous food items. Apart from oxygen, blood also carries different 9. _____ like vitamins and minerals to different organs. It also 10. _____ waste materials like CO₂, and urea from the cells and help our body to expel them.

(BIJU C THOMAS)