

Name: _____
Grade and Section: Grade 9 - _____
Date: April _____, 2024
Teacher: T. MJ
Subject: PEH 9
Title of Activity: 4th Quarter Mastery Test

SCORE	
Total	36
PS	28
Score	

A. Multiple Choice. Choose the correct answer and write your answers on the space provided before each number. (10 points)

B. Explanation. Read the articles below and answer the given questions. Write your answer using 5 sentences on the space below. (15 points)

Article 19 (Protection from all forms of violence): children have the right to be protected from being hurt and mistreated, physically or mentally. Governments should ensure that children are properly cared for and protect them from violence, abuse and neglect by their parents, or anyone else who looks after them. In terms of discipline, the Convention does not specify what forms of punishment parents should use. However, any form of discipline involving violence is unacceptable.

There are ways to discipline children that are effective in helping children learn about family and social expectations for their behavior – ones that are non-violent, are appropriate to the child's level of development and take the best interests of the child into consideration.

Article 34 (Sexual exploitation): Government should protect children from all forms of sexual exploitation and abuse.

Article 35 (Abduction, sale and trafficking): the government should take all measures possible to make sure that children are not abducted, sold or trafficked.

1. Explain the article that you have read?

2. Do you think the Philippine government has done its duty of protecting the welfare of children against violent actions and behaviors resulting to intentional injuries? Cite example to support your answer.

3. If you were given a chance to talk to the government officials keep you safe from intentional injuries, what would you say to them?

C. Enumeration. List down or enumerate what is being asked. (11 points)

1. Give 3 Health Benefits of Zumba.

2. Give 3 domestic violence abuse and actions.

3. Give 5 Physical Fitness Components in Zumba
