

Listening Part 2 Sentence completion

1 SPEAK Work in pairs or small groups. Discuss the questions.

- 1 What type of music do you like listening to?
- 2 How many hours do you think you spend listening to music each day?

2 Read these Listening Part 2 instructions and the What to expect in the exam box.

2.1 You will hear a man called Jack Suggs talking on the radio about music. For questions 1–10, complete the sentences with a word or short phrase.

What to expect in the exam

- The words you *read* in the question may not be the same as the words you *hear* in the recording. For example, in question 6 **you read** ... *directors of TV series avoid using artists to write soundtracks*, but **you hear** ... *directors nowadays tend not to use musicians and composers to create the soundtracks for their work*.
- However, the word(s) you need to write are actually heard in the recording.
- For many of the questions, you will hear distractors, information which could fit the gap but does not answer the question.
For question 1 below you will hear more than one number. Listen carefully to ensure you choose the right one.
- You do not need to write more than three words for each answer.
- Minor spelling errors can be made (e.g. *musical*) but the words must be recognisable.

3 SPEAK Work in pairs. Read sentences 1–10 and discuss the type of information you might need to write for each one.

1 *will be a number, possibly quite a high one.*

4 2.1 Listen to the recording twice and complete the sentences.

Jack says that people in Britain aged between 18 and 24 listen to an average of over (1) songs a year.

Jack says that music is no longer played in many (2) for safety reasons.

The findings of one recent study recommend silence when doing work which involves (3)

Jack says that sales of (4) increased by about 11 per cent in one restaurant, when the right type of music was played.

Scientists at Oxford University discovered that a certain type of music could make some food taste even (5)

Jack says that many directors of TV series avoid using (6) artists to write soundtracks.

Jack says that many musicians make use of (7) when recording soundtracks for TV series.

Eimear Noone, a composer of video game soundtracks, lives in (8)

Jack mentions a radio programme called (9) , which is dedicated to video game music.

Jack says he is going to play some (10) music on his radio programme.

5 SPEAK Work in groups. What is your favourite soundtrack from the following? Why?

- a film
- a TV series
- a video game

6 Go to the Additional materials on page 199.

Reading and Use of English Part 6 Gapped text

1 **SPEAK** Work in pairs. Look at the photographs of people doing parkour, and discuss the questions.

- 1 What does parkour involve doing?
- 2 What type of people do it and what skills do you think are required?
- 3 What benefits does it have for participants?

2 You are going to read an article about parkour. Read through the base text (the main text with the gaps). Are any of your ideas from Exercise 1 mentioned?

3 Six sentences have been removed from the article. Choose from the sentences A–G the one which fits each gap (1–6). There is one extra sentence which you do not need to use.

To help you, some words and phrases are written in **bold**. These show connections between the language in the text and the language in the missing sentences. A number of grammatical words such as *he*, *its*, *their*, *this* and *those*, are written in *italics* to show further connections.

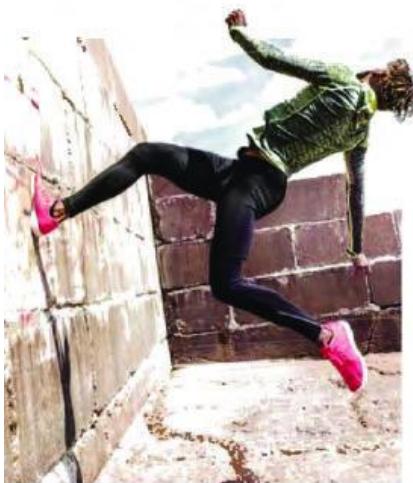
Note that these connections are not shown in the *First* examination.

How to go about it

- Check that the whole sentence fits in with the meaning of the text before and after the gap.
- When you think you have found the correct missing sentence for a gap, read the whole paragraph again to check that it fits.
- When you have finished the task, check that the sentence which you have not used does not fit into any of the gaps.

4 **SPEAK** Work in groups. Discuss the questions.

- 1 Do you think parkour should be taught in schools? Why/Why not?
- 2 Are there any high-risk or extreme sports you would like to try?



Inside the daredevil world of PARKOUR

An expression of attitude, exploring boundaries and calculated risk, free running has official status in the UK.

Frazer Meek jumps down from a wooden platform and jogs across the floor of the Fluidity Freerun Academy, a huge warehouse in an industrial estate on the outskirts of Cardiff. It is a wintry Thursday evening and there are only a few people practising their leaps and swings on the purpose-built equipment, designed to imitate the bollards, railings and concrete building blocks of the great urban outdoors.

In early 2017, the UK became the first country in the world to recognise parkour as a sport. **1** **Its participants are capable of leaping to improbable heights** while almost always seeming to land, cat-like, on their feet.

Also known as free running and *art du déplacement*, the sport attracts thousands of mainly young, mainly male **participants** across the country. **2** **This includes** the opening sequence of the **James Bond** film *Casino Royale*, as well as **advertising and music videos**.

'A lot of people from the pedestrian world don't understand parkour,' says **Meek**. 'It's not just about technique, it's about the attitude. It's about exploring boundaries sensibly, seeing danger and calculating risk.' **3** 'I really hated conventional sports,' he remembers. 'I was a nervous kid who liked playing video games. Then I started to come across it on internet forums, and it seemed to be a lot of people who didn't fit in with more conventional stuff, shy people. That's what appealed to me about it.'



Some years ago, Meek got together with some like-minded spirits and rented a gym to practise parkour. Within weeks, hundreds of kids were turning up. **4** **It is one of a handful of purpose-built parkour centres** in the UK, offering a daily timetable ranging from 'Little Ninjas' for ages two to four, to adult drop-in sessions.

Their business reflects the coming of age of a sport that started in the late 1980s as little more than **some friends playing around after school** in a Paris suburb. **5** An early ambassador for parkour in the country, **he** appeared in *Jump London*, the television documentary that introduced the activity to a wider public in 2003 as he and two friends leapt across the capital's rooftops. He also played Mollaka, the bomb-maker chased by Daniel Craig's Bond in the memorable sequence at the start of *Casino Royale*.

Participants point to the **minimal equipment requirements** as one of parkour's advantages, arguing that now that it is recognised as a sport, parkour can extend its work in schools. This is a view echoed by Parkour UK chief executive Eugene Minogue. **6** 'It goes back to the core of what PE is about.'

Charlotte Blake is the chair of Free Your Instinct, a charity that brings parkour to the field of mental health. It has, she says, been an effective tool in helping people with anxiety, depression and bipolar disorder to build resilience and overcome the obstacles in their lives. 'Parkour helps you to move naturally within your environment and to develop a new dialogue with your environment, to play with it and to open up a world of opportunity,' says Blake.

- A** **Their interest** has been propelled by parkour's high profile on YouTube and **in popular culture**.
- B** Some highlight **the apparent risks** associated with parkour, but the organisation insists that the injury rate is lower than in other sports.
- C** **Later**, in 2016, **he set up Fluidity Freerun** with fellow parkour enthusiast Craig Robinson and a £50,000 loan.
- D** **Parkour** is defined as the discipline of **moving 'freely' over and through any terrain using only the abilities of the body**'.
- E** Given the lack of outdoor space and the funding challenges, the great thing about parkour is that **all you need is a pair of trainers**.
- F** **One of those children, Sébastien Foucan**, became president of Parkour UK, the sport's governing body.
- G** **He** started when he was just **twelve years old**.