

Listening

Choose the best answer.

1. The radio host says that a digital detox ...
 - a. means we are in front of screens all the time.
 - b. is something younger people are trying more.
 - c. is important for our health.

2. Which sentence is not true about Amanda Vince's job?
 - a. She is online a lot of the time.
 - b. She follows fashion on social media.
 - c. She uploads her own videos to social media.

3. What is the name of the book that influenced Amanda?
 - a. Log Off: How to Stay Connected after Disconnecting
 - b. Log Off: How to Disconnect and Stay Disconnected
 - c. Log Off: Advice for the Digital Detox

4. The first step in a digital detox is to get rid of distractions, such as ...
 - a. noises the phone makes.
 - b. screens in your home and workplace.
 - c. the bright colours on your phone.

5. Amanda removed notifications from ...
 - a. her close family and friends.
 - b. everything except important people in her life.
 - c. everything except very important work-related things.

6. The book also suggested that ...
 - a. we replace digital distractions with real-world ones.
 - b. we think about the reason we are looking at our phones so much.
 - c. we try to be more polite with our phones around people.

7. Amanda and her partner ...
 - a. tried a two-day digital detox first.
 - b. found it impossible to completely disconnect.
 - c. found it very easy to do a digital detox for a weekend.

8. Amanda believes that a digital detox ...
 - a. is not a good idea if you have a lot of work.
 - b. is better if it's for a week, not just a weekend.
 - c. is something everyone will enjoy.

Vocabulary

Match the sentence halves. Then complete the sentence with one word.

1. ____ I'll put away the towels	a. as long _____ we sing to her at the same time.
2. ____ I'll still go swimming in the sea	b. _____ you look after it.
3. ____ My little sister will eat up her food	c. even _____ the water is really cold.
4. ____ I'll let you stay up late today	d. _____ they change the lead singer.
5. ____ You can give in your work tomorrow	e. even _____ we've seen it before.
6. ____ That band will be famous	f. provided _____ you fold them first.
7. ____ I'd like to wander around the museum	g. as long _____ you go to bed early tomorrow.
8. ____ I'll lend you my tablet	h. provided _____ I have it by lunchtime.

Complete the sentences with one of these adjectives.

bizarre | classic | contemporary | controversial | conventional | powerful | remarkable | unique

1. That picture is just a collection of strange shapes. How _____!
2. I prefer paintings that show real things like people or places. I'm really quite _____.
3. This book has a _____ message about mankind and its relationship with the environment.
4. Our new school is decorated in a rather _____ way – you know, it's modern.

5. His ability to play any piece of music having heard it just once is truly _____.

6. That picture is so different from anything else I've ever seen. It's _____.

7. Graffiti is a rather _____ subject. Some people say it's a crime and others say it's art.

8. I love _____ films, especially those old thrillers made in black and white.

Complete the sentences with *get* in the correct form and the words below.

away with | back | back | into | on with | out of | round to | through

1. Come on! You need to finish this by 11 o'clock. Stop chatting and _____ your work.

2. After dinner, my sister always manages to _____ washing up by saying she has to study.

3. Nobody realised that I had eaten all the biscuits so I _____ it. Mum didn't say anything to me.

4. We need to _____ today and then tomorrow we can relax and take it easy.

5. I lent my brother some money but I never _____ it _____.

6. When I finish school, I hope to _____ university to study medicine.

7. My dad's really busy at the moment but he says he'll _____ fixing my bike soon.

8. We handed in our history project to our teacher but we haven't _____ it _____.

Complete the sentences with the words below and their negative prefixes.

fair | honest | legal | organised | patient | possible | reliable | willing

1. Is it _____ in your country to take a holiday during term time?

2. I think it's very _____ to read your friend's messages without asking.
3. My teacher made me do my exam again because my friend copied me. That's _____!
4. We never know what time he'll arrive. He's so _____.
5. My sister never does any work at home. She's so _____ to help.
6. My brother never takes notes or write down his homework. He's rather _____.
7. I'll come over and help you in a minute. Stop being so _____!
8. Nobody can figure out this physics homework. It's _____.

Grammar

Complete the sentences with the correct form of the verbs below.

go out | have | have | let | live | not have to | play | turn down

1. I can't afford to go out with my friends. I wish I _____ more money.
2. The TV is on too loud. I wish my brother _____ it _____.
3. I have to stay in and do my homework. If only I _____ with my friends.
4. My brother loves Japanese comics. He wishes he _____ in Japan.
5. Our computer is very slow. I wish we _____ a new one.
6. My best friend is brilliant at sport. If only I _____ football as well as him.
7. I share a room with my sister. I wish I _____ share a room with anyone.
8. My mum doesn't like pets. If only she _____ me have a dog.

Complete the conversations with *can't*, *could* or *must*.

1. A: Why's that little girl crying?

B: I'm not sure. She _____ be lost.

2. A: I'm really tired.

B: But you've just slept for 14 hours. You _____ be tired.

3. A: Someone's outside.

B: It _____ be dad. He said he was going to fix his bike in the garden.

4. A: Where's your brother?

B: I don't know. He _____ be in his bedroom.

5. A: I haven't eaten anything since breakfast.

B: You _____ be hungry. I'll make you something.

6. A: My friends have just won the basketball final.

B: They _____ be really pleased with themselves.

7. A: That girl over there looks a bit like our friend Pete.

B: It _____ be his sister. Pete said she would be at the party.

8. A: Dad says it's snowing in Madrid today.

B: That _____ be right. It never snows in Madrid in summer.

Complete the third conditional sentences with the verbs below in the correct form.

come | finish | know | not break | not go | study | tell | win

1. We _____ tidying up the kitchen sooner if you had helped us.

2. You would have passed the test if you _____ more.

3. If I _____ you were ill, I would have phoned you.

4. We might have enjoyed ourselves more at the party, if you
_____ too.

5. I would have taken more photos if you _____ my camera.

6. If she hadn't tripped over her shoelace, she _____ the race.

7. If the weather had been bad, we _____ to the lake.

8. We could have taken you to the match if you _____ us before that you wanted to come.

Complete the sentences with a modal + *have* + the correct form of one of the verbs below.

break | do | forget | get | go off | leave | pass | see

1. I'm not sure but I think I _____ the window open in my bedroom. Can you check?

2. My brother's terrible at art. He _____ that painting, it's too good.

3. Look! Your cousin's playing football over there. He _____ his leg.

4. This milk's been out of the fridge all day and it smells awful. It _____

5. My sister's been at home all day with me. You _____ her on the beach.

6. I told my friend Jack about the party but he _____ because he didn't write it down. I'm not sure though.

7. Our friends aren't here yet. They _____ lost or perhaps they missed the bus. I'll phone them.

8. I saw the teacher writing excellent next to your name. You _____ the exam.

Reading

Match the paragraph (A–F) with the information it contains (1–6).

A

In 2010, the planetary defence team at NASA had identified and logged 90 per cent of the asteroids near Earth measuring 1km wide. These 'near-Earth objects', or NEOs, are the size of mountains and include anything within 50 million kilometres of Earth's orbit. With an estimated 50 left to log, NASA says none of the 887 it knows about are a significant danger to the planet.

B

Now NASA is working towards logging some of the smaller asteroids, those measuring 140

metres wide or more. Of the 25,000 estimated asteroids of this size, so far about 8,000 have been logged, leaving 17,000 unaccounted for. Considering that a 19-metre asteroid that exploded above the city of Chelyabinsk in Russia in 2013 injured 1,200 people, these middle-sized asteroids would be a serious danger if they enter Earth's orbit.

C

Whether NASA can find the remaining middle-sized NEOs depends on getting the money to build NEOCam, a 0.5-metre space telescope which would use infrared light to locate asteroids. If it did get the money, it could probably achieve its goal in ten years. Once logged, the planetary defence team would still need to work out how to defend the planet against being hit by the truly worrying asteroids – the PHAs.

D

'Potentially Hazardous Asteroids' are rocks close enough to pass within 7.5 million kilometres of Earth's orbit. NASA has created a map of 1,400 PHAs, none of which are expected to be a threat in the next one hundred years. With technology already available, NASA can track these objects and make predictions about possible impact, at which point two defence solutions could be launched.

E

The first is DART – the Double Asteroid Redirection Test. Plans are scheduled to test DART on the moon of an asteroid called Didymos. 'Didymoon' is 150 metres wide, orbiting its 800-metre mother, and hopefully the impact of DART will knock it out of its orbit enough for Earth-based telescopes to pick up.

F

Another suggested defence against a PHA on course to hit Earth is to blow it up using a nuclear weapon. It may sound like a plot from a film, and it was the subject of the 1998 film Armageddon, but the Hypervelocity Asteroid Mitigation Mission for Emergency Response (HAMMER) is a genuine NASA proposal. The eight-ton rockets would be fired at an approaching asteroid with the hope of bumping it off course. If the asteroid was too close to Earth for this plan to work, the rockets would carry nuclear bombs to blow it up instead.

Match the paragraph (A–F) with the information it contains (1–6).

1. Information about a plan that needs finance before it can happen
2. An unrealistic-sounding way to solve the problem of an asteroid crashing into Earth
3. Information about asteroids that are the biggest danger to Earth
4. Information about the numbers of unidentified asteroids near Earth
5. Information about NASA's most successful project to record asteroids near Earth
6. A solution planned for testing