



2.SEEING WITHOUT SEEING

WORKSHEET-2



SUBJECT: ENGLISH

CLASS : II

NAME : _____

DATE: _____

I. Read and check which is good for our eyes:

1. Sit straight while reading or drawing. ☐



2.  Sit very close to the TV. ☐

3. Stare at the sun.  ☐

4.  Read in good light. ☐

5. Eat carrots and lots of vegetables. ☐



6.  Play for a long time on the mobile. ☐

7. Close eyes and splash water on eyelids. ☐

