

### Past Simple affirmative: regular verbs

I **played** football.

You **played** football.

He/She/It **played** football.

We/You/They **played** football.

### LOOK!

cook - **cooked**

arrive - **arrived**

tidy - **tidied**

stop - **stopped**

1 Complete the table with the Past Simple forms of verbs in the box.

cook cry cycle jump hop like  
phone plan stay stop study try

-ed	-ied	-d	double letter + -ed
cooked			

2 Choose a verb and complete the sentences with the Past Simple forms.



1 My aunt phoned me last Saturday on my mobile.  
phone / talk

2 She invited me to Harry's birthday party.  
invite / arrive

3 I was on the way at the toy shop for a present. play / stop

4 Harry and his friends danced to music.  
dance / like

5 I helped my aunt with the food. cook / help

6 Harry liked his party! look / like

### LOOK!

Her babysitter was ill two days **ago**.

3 Look and write time expressions with **ago**.

Now it is: **04:00** **May** **Tuesday**

1 **03:00** an hour ago  
2 **03:50** \_\_\_\_\_  
3 **March** \_\_\_\_\_  
4 Saturday \_\_\_\_\_

\*4 Read the information. Then make sentences using the Past Simple affirmative and **ago**.

1 Tom's last football game was Friday last week.  
Today is Friday again.

Tom played football a week ago.

2 Your text was on my phone at 9.15. It's now 9.20.  
You \_\_\_\_\_.

3 It's August. Our visit to London was last August.

We \_\_\_\_\_.

4 Her room was tidy at 9 o'clock. It's now 10 o'clock.  
She \_\_\_\_\_.

5 Complete the table with your own ideas.

1 A friend you texted	Name: _____ When: _____
2 A family member a meal he/she cooked	Name: _____ Meal: _____ When: _____
3 A family member you visited	Name: _____ When: _____
4 Two or more friends you played sport with	Sport: _____ When: _____ Where: _____

\*6 Make sentences using your ideas in the table.  
Use the Past Simple affirmative and **ago** or **last**.

1 I \_\_\_\_\_.  
3 I \_\_\_\_\_.  
2 My \_\_\_\_\_.  
4 My friends and I \_\_\_\_\_.

### Extra Online Practice



Unit 6, Video and Grammar  
[www.myenglishlab.com](http://www.myenglishlab.com)