

# VOCABULARY

**Tasty** - having a strong and very pleasant flavour



**Coconut** - a large fruit like a nut with a thick, hard, brown shell covered in fibre



**Snack** - a small amount of food that is eaten between meals



**Hungry** - wanting or needing food



**Healthy** - good for your health



**Dish** - food prepared in a particular way as part of a meal



**Fresh** - recently picked, made, or cooked



**Lentils** - a very small dried bean that is cooked and eaten



# PRACTICE

snack lentils dish fresh tasty  
coconut healthy hungry

1. I always keep some \_\_\_\_\_ in my bag for when I get hungry between meals.
2. My grandma makes the most \_\_\_\_\_ cookies I've ever tasted.
3. I'm \_\_\_\_\_! Let's grab something to eat.
4. We need to buy some \_\_\_\_\_ milk for the recipe.
5. It's important to eat a \_\_\_\_\_ breakfast to start the day right.
6. We cooked a delicious curry with \_\_\_\_\_ and vegetables for dinner.
7. The restaurant serves a variety of flavorful \_\_\_\_\_.
8. The chef always uses \_\_\_\_\_ vegetables to make a perfect salad.