A Listen. Match the food group to two examples. Then fill in the blank with an example that you hear from the list. 🔊 1·33

Food Group

1 whole grains

2 vegetables

3 fruits

4 beans

5 nuts and seeds

Examples I Heard

a spinach, broccoli, _____

b soybeans, chickpeas, _____

c almonds, flaxseeds, _____

d bread, spaghetti, <u>rice</u>_____

e apples, blueberries, _____

black beans
carrots
oranges
pecans
~~rice~~

LIVEWORKSHEETS