

Ex.1. Fill in the gaps with one of the phrases from the box in the correct form. Some phrases are extra.

<i>in the same boat</i>	<i>Hit the road</i>	<i>To steer clear of</i>	<i>Go off the rails</i>
	<i>Be on dangerous ground</i>	<i>Live life in the fast lane</i>	<i>Gain ground</i>
<i>Get something off the ground</i>		<i>on the right track</i>	<i>Hold/stand one's ground</i>
<i>Run out of steam</i>	<i>Go downhill</i>	<i>Off the beaten track</i>	<i>Be in the driving seat</i>
	<i>Down the road/line</i>		

1. Sarah felt empowered as she found herself _____, making bold decisions and charting her own course.
2. With his latest project, Alex finally felt like he was _____, receiving praise from his colleagues and seeing progress every day.
3. We're not there yet, but _____, we might see some significant improvements.
4. Despite the initial setbacks, the team managed _____ in the market with their innovative product.
5. It took months of planning and hard work, but they finally got the project _____ and launched it to great success.
6. After the management reshuffle, the company's performance started to _____, causing concern among shareholders.
7. Sarah's life seemed to _____ after the breakup, but with the support of friends, she found her footing again.
8. With everything packed, they were ready to _____ and embark on their cross-country adventure.
9. Despite facing opposition, she _____ and defended her beliefs with unwavering determination.
10. _____ may bring excitement, but it often comes with its own set of challenges and risks.
11. After working tirelessly for weeks, the team began to _____, needing a well-deserved break to recharge.
12. Facing similar challenges, they realized they were _____ and could support each other through tough times.
13. Bringing up the sensitive topic put them _____ risking conflict and misunderstanding.
14. To avoid unnecessary drama, it's best to _____ gossip and focus on more positive interactions.

Ex.2 Listen and write down the idiom which each speaker is talking about.

1. _____
2. _____
3. _____
4. _____
5. _____