

Name: _____ Result: ____/100

Vocabulary

1 Complete the sentences with the words in the box.

carrots fish jam lemonade sausages soup
strawberries

- I like sweet things on my toast. I usually have honey or _____.
- I think _____ are the only orange vegetable.
- My favourite fizzy drink is _____.
- When I'm feeling ill, I like chicken _____ because it's easy to eat and it's hot.
- I love _____ – they're a small red fruit.
- When I go to barbecues, I have burgers or _____ with cheese in bread. Delicious!
- Do you prefer _____ or meat?

Score ____/7

2 Match the descriptions (1–7) to the food (a–g).

- A light brown vegetable _____
- A green vegetable that helps make you strong _____
- A small green or purple fruit _____
- A kind of meat _____
- Something you use to add taste to food _____
- A snack made with potatoes _____
- A dairy food you can have with dessert _____

- spinach
- salt
- cream
- crisps
- chicken
- mushrooms
- grape

Score ____/7

3 Choose the correct word to complete the sentences.

- Can you buy a **bottle/tin** of water for me?
- Would you like a **glass/cup** of coffee?
- I got a **carton/box** of chocolates for my birthday.
- There's a **packet/can** of crisps in the cupboard.
- Are there any **bags/tins** of tuna?
- I have a **packet/glass** of juice with my afternoon snack.

Score ____/6

Grammar

4 Tick (✓) the uncountable noun in each group.

- 1 ☐ bean ☐ soup ☐ lentil ☐ egg
- 2 ☐ pancake ☐ carrot ☐ rice ☐ tomato
- 3 ☐ salt ☐ biscuit ☐ apple ☐ nut
- 4 ☐ cabbage ☐ burger ☐ melon ☐ honey
- 5 ☐ fizzy drink ☐ spinach ☐ sausage ☐ grape

Score __/5

5 Choose the correct answers.

- 1 Have we got _____ fruit?
A an B any C a
- 2 There is _____ milk in the glass.
A any B an C some
- 3 There isn't _____ rice in the cupboard.
A any B a C some
- 4 I need _____ onion to make this dish.
A a B an C any
- 5 I'd like _____ burgers, please.
A a B an C some
- 6 Have we got _____ pancakes?
A any B a C an
- 7 Matt doesn't want _____ pear.
A a B some C an

Score __/7

6 Choose the correct alternative to complete the mini-dialogues.

- 1 **Ana:** How **much/many** adverts did you see yesterday?
Ben: Hundreds!
- 2 **Ali:** How **much/many** sugar do you eat every day?
Bob: I try not to eat any sugar.
- 3 **Amy:** Do you spend **many/much** time online?
Dan: No, I don't.
- 4 **Eva:** Are crisps popular in your country?
Tom: Yes! **Much/A lot of** people eat them.
- 5 **Sam:** Have we got a lot of soup?
Rob: No, we don't have **much/many** soup.
- 6 **Liz:** Are there any biscuits?
Joe: There are just two, so there aren't **many/much**.
- 7 **Mia:** Are there **a lot of/much** people in the supermarket?
Zac: Yes, it's busy.

Score __/7

7 Complete the sentences with **should** or **shouldn't**.

- 1 People _____ eat too much fast food – it isn't good for you.
- 2 Schools _____ teach young people about healthy eating.
- 3 It's a terrible problem. What _____ we do about it?
- 4 Why do you eat pizza every day? You _____ do that!
- 5 In my opinion, there _____ be any adverts for fizzy drinks on TV. They're awful.
- 6 Everyone _____ eat a lot of fresh fruit and vegetables.

Score __/6

Use of English

- 8 Read the text and decide which answer (A, B or C) best fits each gap.

Cupcakes: fun facts

How 1 _____ cupcakes do you usually eat a week? Find out all you need to know about cupcakes in our fun guide!

* The first time a recipe for cupcakes

2 _____ in a book was in 3 _____ American cook book by Amelia Simmons in 1796.

* People also called them 1234 cakes because you

4 _____ to use 1 cup of butter, 2 cups of sugar, 3 cups of flour and 4 eggs.

* Today, people love cupcakes because they are easy to make and anyone 5 _____ cook them.

* Cupcakes became very popular around the start of the century. The first place to only cook cupcakes, Sprinkles Cupcakes, opened 6 _____ 2005. They make over 25,000 cupcakes a day!

* Georgetown Cupcake holds the record for the biggest cupcake. They made 7 _____ huge cupcake – it was 1,176.6 kg!

* Cupcakes contain sugar, so you 8 _____ eat them too often – it's not a good idea.

- | | | |
|-------------------|-------------|-----------------|
| 1 A much | B many | C a lot of |
| 2 A was appearing | B appears | C appeared |
| 3 A a | B an | C some |
| 4 A had | B must | C should |
| 5 A must | B has to | C can |
| 6 A in | B on | C at |
| 7 A some | B any | C a |
| 8 A should | B shouldn't | C don't have to |

Score __/8

Listening

- 9  Listen to some street interviews. Match the people (1–5) to their opinions (a–e).

1 Speaker 1 _____

2 Speaker 2 _____

3 Speaker 3 _____

4 Speaker 4 _____

5 Speaker 5 _____

- a Food doesn't make you think well, exercise does.
b It's not important what you eat or drink.
c There are foods that can help you remember.
d Some foods make you feel good.
e There are foods that help your brain.

Score __/5

- 10 Listen again. Are the sentences True (T) or False (F)?

Speaker 1

- 1 This speaker doesn't usually drink fizzy drinks. T / F

Speaker 2

- 2 Spinach and broccoli help your brain stay young. T / F
3 When old people eat dark green vegetables it doesn't help their brains. T / F

Speaker 3

- 4 To feel happy you should eat 12 almond nuts a day. T / F

Speaker 4

- 5 According to this speaker, running and basketball are both good for your brain. T / F

Speaker 5

- 6 You must eat strawberries every day to remember better. T / F

- 7 Dark chocolate and broccoli help memory. T / F

Score __/7

Reading

Biscuits, biscuits, biscuits**1**

No, but they're very popular. Around 53% of Brits (British people) say they love biscuits and there's even a National Biscuit Day, on 29 May. Brits buy a lot of biscuits – around 500 a year – and they eat more biscuits than any other country in the world. They even eat 35% more biscuits than Americans.

2

Biscuits are hundreds of years old. The word comes from the French, meaning twice (*bi*) cooked (*cuit*). In the past, people cooked biscuits two times, but today we usually only cook them once.

3

Because they are hard, biscuits stay fresh and they're light. Roald Amundsen took some biscuits with him on his trip to the South Pole in 1911. He was the first person to reach the Pole. Years later, in 1969, the astronaut Buzz Aldrin took biscuits with him into space.

4

Most Brits put their biscuits in a special biscuit tin and 61% of people in the UK have one. However, some people hide their favourite biscuits. They don't want anyone else to eat them! Nine percent of people hide them in their chest of drawers, 7% under the bed, 7% at the back of the wardrobe and 10% in the small table by their bed.

5

Jaffa Cakes are a popular biscuit made with jam and chocolate and people eat over a billion a year. Next to each other, the biscuits could go from London to Sydney and back again – that's nearly 34,000 km! Custard Creams are another top biscuit. In 2010, in a city called Nottingham, they cooked a giant Custard Cream. It was 59 cm long and 15.73 kilograms!

11 Read the information leaflet and match the headings (a–e) to the paragraphs (1–5).

- a Where do people keep them? _____
- b Are biscuits the best snack? _____
- c Which ones do people like? _____
- d Why do people travel with them? _____
- e Where does the name come from? _____

Score __/5

12 Complete the sentences with one to two words.

- 1 Over half of British people say they _____ biscuits.
- 2 _____ buy 500 biscuits a year.
- 3 Today, people only _____ biscuits one time.
- 4 In 1969, there were biscuits in _____.
- 5 Over 60% of people in the UK have got a _____.
- 6 The place most people hide their biscuits is in the _____ next to where they sleep.
- 7 The huge biscuit they cooked in a place called _____ was almost 60 cm long.

Score __/7

13 In your opinion, is it a good idea to eat biscuits and other snacks? Write about:

- how often you should eat biscuits
- if you think they are healthy snacks (why/why not)
- what you like to eat as a snack and why

Score __/3

Writing

14 You want to have a barbecue at the park on Sunday at 4 pm to celebrate your sister's birthday. You'd like to invite your friend, Sarah. Write an email to Sarah. In your email:

- ask Sarah to come to the barbecue on Sunday
- say where the barbecue is and what time it starts
- ask Sarah to bring her guitar

Write 30–45 words.

Writing bank: informal invitations

I'm (meeting some friends/having a party). / We're (having a picnic).

It starts at (2.30 pm).

We're meeting (at the sports centre).

Let me know (if you can make it).

Please bring (some pizza). / Can you bring (some music)?

Score /10

Speaking

15 Work in pairs. Look at the menu and order lunch. In your dialogue:

- ask/say what you would like to eat and drink
- ask/say what there is
- ask for/give the bill

Menu

Main meals

Fish curry with rice £2.50

Tuna pasta £1.95

Vegetable or chicken burger £2.25

Extras

Salad 75p

Green beans 50p

Garlic bread 50p

Desserts

Pancakes (apple, strawberry, honey) £1.50

Yoghurt 99p

Pear cheesecake 75p

Drinks

Milkshake small £1.10 large £1.50

Bottled water small 99p large £1.50

Fresh juice £1.50

Score /10

Vocabulary /20

Grammar __/25

Use of English /8

Listening __/12

Reading /15

Writing ___/10

Speaking __/10

TOTAL /100