



Instituto Nacional "Benjamín Estrada Valiente"

Student's name: _____ Score: _____

Date _____ Group _____

THE RETICULAR ACTIVATING SYSTEM

Objective: Assess students' understanding and inference skills by listening to extensive audio.

Instructions: Click on the link and listen to the audio. After listening the audio, answer the following questions with your own words.

1- What does the audio talk about?

2-What is The Reticular Activating System?

3-According to the audio, what is visualization?

4-What are the steps of visualization?

5-What do you think about this practice?

6-How do you consider this practice can help you to achieve your goals?
