

### Extract one

**LISTENING TASK - Difficulty level: C2 / advanced**

**You hear a gymnast speaking about competing.**

**1) How is she influenced by the atmosphere in the area of competition?**

It can be quite daunting.

She needs to rein in her fears.

Her senses become extremely discriminating.

**2) What effect do all the people watching have on her?**

She is able to eliminate them from her reality.

She had therapy to overcome her nerves.

She loves the attention.

### Extract two

**You hear someone speaking about going on an underwater dive.**

**1) How did she communicate with her colleagues?**

Fortunately, she understood sign language.

She had to resort to physical contact.

She was grateful for her electronic devices.

**2) How does the speaker feel about having to abandon an uncontrollable diver?**

She would have no problem taking the necessary steps.

It is something she would find very difficult.

She sees it as regrettable but necessary.

### Extract three

You hear someone speaking about being an activist.

**1) How has her understanding of the subject evolved?**

She realises she has to fight harder for her beliefs.

She has become more aware of the nuances of certain issues.

She comprehends the effect the weather has on activism.

**2) What challenges does she admit to having to face?**

The sheer enormity of the endeavour can become demoralising.

Having to combat vested interests is draining.

The slowness of progress can be disillusioning.

**LISTENING TASK 2 - Difficulty level: C2 / advanced**

In this part, you will hear a monologue. You then have to complete 9 sentences with information heard on the recording. You can listen to the audio twice.

*You will hear a radio programme about Biomimicry, the science of copying nature in order to create new technologies. For questions 1-9, complete the spaces with a word or a short phrase.*

1. Biomimicry imitates nature's structures, processes and \_\_\_\_\_ to create new ideas.
2. Velcro was developed after its inventor observed the sticking qualities of one particular plant's \_\_\_\_\_.
3. Wood has the beneficial feature of being able to \_\_\_\_\_.
4. The synthetic 'wood' created for the post office will not \_\_\_\_\_ according to surrounding environmental conditions.
5. The Namibian Fog Basking beetle uses its ability to \_\_\_\_\_ in order to live in harsh conditions.
6. A \_\_\_\_\_ on the beetle's shell repels water and aids the formation of large droplets.
7. The Sahara Forest project utilised this concept in the design of a \_\_\_\_\_.

8. The 'Able Project' uses \_\_\_\_\_ from the composting process as an input to the fish farm.
9. The extinction of one species of \_\_\_\_\_ has prevented scientists from finding a cure for excess stomach acid.