

# My Visit to the Doctor

*Read the sentences and do the true and false.*

I went to the doctor for my yearly check up. She checked my weight and height. She looked at my mouth, ears and eyes and she listened to my heart. She checked my blood pressure and asked me questions. She asked me what I eat every day. I was glad to tell her that I eat lots of fruits and vegetables and I try not to eat too many sweets.

I also told her that I sleep well every night and I get lots of exercise. Actually, I ride my bike in the park almost every day.

My doctor reminded me to wear a helmet when I ride my bike and to wash my hands frequently. I told her I would. She smiled at me. She told me I was very healthy!

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|---|------|-------|
| 1. I go to the doctor every year.         | TRUE | FALSE |
| 2. I asked the doctor about what she ate. | TRUE | FALSE |
| 3. I eat too many sweets.                 | TRUE | FALSE |
| 4. I often ride my bike.                  | TRUE | FALSE |
| 5. My doctor said I was very healthy.     | TRUE | FALSE |

