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Reading & Use of English:
 Listening:
 Mini Test:

GLOBAL ENGLISH 8: FCE READING & LISTENING

* Extra vocabulary

No.	New words	Meanings	No.	New words	Meanings
1	expectancy (n)	sự mong chờ, trông ngóng	3	prospect (n)	toàn cảnh
2	tax (n)	thuế	4	irritating (a)	chọc tức, kích thích

* **Note:** n = noun: danh từ;

a = adjective: tính từ.

CAMBRIDGE PRACTICE

* Lưu ý:

1. Khi làm bài tập có từ mới, các con phải tra từ điển. Sau khi tra từ điển, các con chép mỗi từ mới **1 dòng** để ghi nhớ.
2. Các con gạch chân các từ khoá chính trong bài đọc.

For questions **1–8**, read the text below and decide which word (**A, B, C** or **D**) best fits each gap. There is an example at the beginning (**0**).

Mark your answers **on the separate answer sheet**.

Example:

0 **A** life **B** living **C** alive **D** live

0	<u>A</u>	<u>B</u>	<u>C</u>	<u>D</u>
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Old and active

It is a well-known fact that Japanese people have a longer (0) expectancy than the population of most other countries. They also expect to remain healthier for longer. Scientists are trying to work (1) what keeps elderly Japanese people so healthy, and whether there is a lesson to be (2) from their lifestyles. Should we (3) any changes to our eating habits, for instance? Is there some secret (4) in the Japanese diet that is particularly (5) for the human body?

Although the (6) of a longer, healthier life is a good thing for the individual, it can (7) create a social problem. The number of people over the age of 65 in the population has doubled in the last 50 years. Japan could soon be (8) an economic problem: there are more elderly people who need to be looked after, and relatively fewer younger people working and paying taxes to support them.

- | | | | |
|----------------|--------------|--------------|--------------|
| 1 A for | B out | C in | D off |
| 2 A learnt | B gathered | C understood | D gained |
| 3 A do | B make | C set | D give |
| 4 A ingredient | B component | C portion | D helping |
| 5 A caring | B supportive | C positive | D beneficial |
| 6 A view | B outlook | C prospect | D wish |
| 7 A therefore | B actually | C even | D as well |
| 8 A facing | B meeting | C adopting | D obtaining |

You are going to read an article about a park in New York. For questions 31–36, choose the answer (A, B, C or D) which you think fits best according to the text.

Mark your answers on the separate answer sheet.

A steep learning curve

Journalist Dan Greenbaum abandons his laptop and learns how to climb

Living in an area of the country where there's little more than a slight incline to stroll up on the way to the shops, the highest climb I'd ever done was up the stairs to bed. As a writer on an adventure sports magazine, I'd always fought shy of doing the adventurous stuff myself, preferring instead to observe the experts from a safe distance and relay their experiences to readers in the form of prose. So, when I was challenged to take part in a mountain climb in aid of raising money for charity – and to write about it afterwards – I was unwilling to say the least.

Despite their awe-inspiring strength and agility, even experienced climbers fail to make climbing look simple. I knew a mammoth task lay before me if I was to get into even half-decent physical shape before the four thousand-metre climb, which would involve sheer rock faces and steep, snow-covered terrain. I set about consuming not only energy-boosting food to help me get through my intense training regime, but also devouring every climbing magazine I could get my hands on.

I was lucky enough to have a brilliant climbing coach called Keith, who put me through my paces after the daily grind at the keyboard was over. My mentor imparted keen knowledge about everything from the importance of building specific muscle groups to how to combat fatigue through nutrition. I listened, speechless, while he went into great detail about everything to do with the sport. It quickly became apparent that the mechanics of climbing were more complex than I could have imagined. And there wasn't only the strength and endurance-building to contend with, but the gear, too. I had to get to grips with an array of equipment and techniques I'd never even heard of: 'crampons', 'glissade' and 'self-arrest', all of which I learned would come in handy on the snow-capped peak I'd be ascending in a few months' time.

line 21

Aware of the challenge that lay ahead, Keith made a detailed action plan and I forced myself to stick to it diligently, doing a daily workout at the gym, eating carbohydrates, and going on long hikes with a heavy backpack. I perfected my technique on the climbing wall and even squeezed in a weekend away to the Scottish mountains to get in some vital experience of trekking through snow and ice. My self-belief increased alongside my muscle power and I became not only confident about finishing the climb, but determined to do it with flying colours.

All too soon I was on a plane to my destination – Switzerland. Early one clear spring morning I peered out of a hostel window and up at the mountain I would attempt to ascend that day. My hard-won confidence took a nose dive as the enormity of what I'd let myself in for struck me as suddenly as an avalanche: I sank down on my bed and for a brief moment considered fleeing. And then I remembered all the hard work I'd done to get here and how disappointed Keith would be if I ducked out at the last minute – not to mention letting down the charity and the sense of failure I'd experience myself. With a deep breath I tied my boot laces, gathered my gear and headed out into the sunshine to meet the rest of the group.

And as I sit here now, tapping away on my laptop, with the ordeal safely behind me, I'm amazed at the detail in which I can recall every second of the climb; the burning muscles, the sheer exhaustion, the minor setbacks along the way. Could I have been better prepared? Possibly. Would I be back for another go? Thankfully not. The exhilaration of standing on top of the world is a never-to-be-repeated experience, but one I will cherish forever nonetheless.

- 31 In the first paragraph, the writer reveals his
- A difficulty in accurately recounting the stories of expert sportspeople.
 - B disappointment in the exercise opportunities available in his town.
 - C lack of interest in listening to professional climbers' personal tales.
 - D lack of enthusiasm for the challenge he'd been offered.
- 32 In the second paragraph, we know that the writer is
- A keen to learn as much about mountain climbing as he is able to.
 - B worried that he won't have time to prepare well enough for the climb.
 - C amazed by how easy professional climbers make the activity seem.
 - D concerned about the difficulty of climbing in certain conditions.
- 33 What do we learn in the third paragraph?
- A The coach makes the writer realise how complicated climbing is.
 - B The writer doesn't think he'll be able to cope with the equipment he needs to use.
 - C The writer is confused by the information about food that the coach gives him.
 - D The coach doesn't believe the writer is doing enough work towards his climb.
- 34 What does 'it' refer to in line 21?
- A a daily workout at the gym
 - B the challenge
 - C a detailed action plan
 - D the writer's coach
- 35 How does the writer use the example of an avalanche in the fifth paragraph?
- A to highlight a strong and unexpected feeling
 - B to explain the way he sat down on his bed
 - C to describe what he could see from his window
 - D to emphasize how quickly he wanted to run away
- 36 How does the writer feel looking back on his climb?
- A satisfied that he had done his best
 - B relieved that he wouldn't have to do it again
 - C surprised that he had managed to complete it
 - D regretful that it hadn't gone as smoothly as it could have

Part 2

Questions 8–13

Con hãy mở link nghe sau bằng máy tính nhé:

https://www.cambridge.org/files/3015/7417/7740/Preliminary2_test3_audio2.mp3

For each question, choose the correct answer.

- 8 You will hear two friends talking about the woman's dress. Why is the woman returning the dress to the shop?
- A It's the wrong colour.
 - B It's damaged.
 - C It doesn't fit.
- 9 You will hear two friends talking about a new sports centre. They agree that it needs to have
- A more staff available.
 - B better equipment.
 - C bigger changing rooms.
- 10 You will hear a woman talking to a receptionist in a hotel. Why has the woman gone to the hotel?
- A to book a room
 - B to meet someone
 - C to make a complaint
- 11 You will hear a man telling a friend about his holiday in the mountains. What did he enjoy most about it?
- A having skiing lessons
 - B seeing the countryside
 - C spending time with friends
- 12 You will hear two friends talking about playing the guitar. What's the man going to do?
- A practise playing with other people
 - B start playing a different instrument
 - C try to play every day
- 13 You will hear two friends talking about a film they've just seen. What does the man say about the film?
- A It wasn't very funny.
 - B It won an important prize.
 - C It was easy to predict the ending.

MINI TEST

I. Choose the correct words to complete the sentences.

1. **Taking / Taken** with a glass of water, these tablets will cure a headache.
2. That lady **talking / talked** on the phone must be the manager.
3. **Having slept / Sleeping** badly last night, Jaime is in a bad mood.
4. **Worn / Wearing** with a red shirt, these black trousers would look fabulous.

II. Fill in the blanks with suitable words/ phrases (hints are provided). Change the form of the words/ phrases if necessary.

1. The two experiments produced s (in a way that is very easy to notice) different results.
2. Combinations of flavors, textures, and color that can delight the s (one of the five natural powers of sight, hearing, feeling, taste, and smell, that give us information about the things around us).
3. Some of these young people are under i (having a very strong effect or felt very strongly) pressure to succeed.
4. It's a difficult subject, even for a writer as g (having a natural ability to do one or more things extremely well) as Mathers.

Mọi ý kiến đóng góp của phụ huynh sẽ là động lực để StarLink nâng cao chất lượng đào tạo. Mời bố mẹ quét mã ở đây để thực hiện khảo sát ạ!

