

LESSON 4

- 17 Suggest medications for the following symptoms. In some cases, more than one type might be helpful. Explain why you think each medication is helpful.

Symptom	Medication	Reason
sneezing	Cold tablets,	
a toothache		
weakness		
coughing		
stomach problems		
a burn from hot oil		
red eyes		
an infection		

Health Matters

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- 18 **WHAT ABOUT YOU?** How do you buy medications in your country? Which ones do you need a prescription for? Which ones can you buy without a prescription? Which are available both ways?

	Prescription always needed	Prescription not needed	Some kinds require a prescription
antacids	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
painkillers	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
antibiotics	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
vitamins	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
cold tablets	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
antihistamines	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
other: _____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>



- 19 **WHAT ABOUT YOU?** Answer the questions in your own way.

- What are some of the medications listed in Exercise 18 that you have taken? _____
- What is the normal dosage? _____
- Do you need a prescription to get them? _____
- What are some warnings or side effects of these medicines? _____