Healthy Habits

Grade 2

1. What is one thing you can do to stay healthy?
   a. Exercise b. eat junk food c. watch t.v.

2. Which one is not a healthy food?





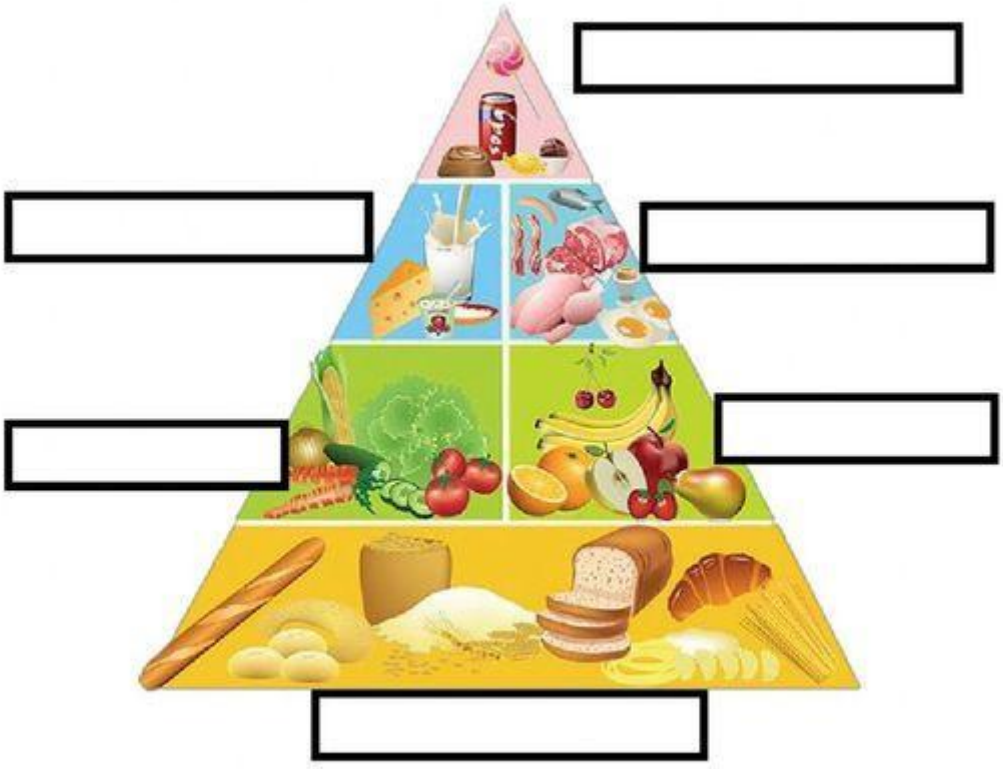
3. Which is one way you can exercise?





Label the Food Pyramid.

Grains & Cereals	Fruits	Dairy
Vegetables	Fats, Oils & Sweets	Protein



LIVEWORKSHEETS